

Squeeze Me

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Easy Improver

Choreographer: Ivan Rundgren (SWE) - 22 May 2025

Music: Put Your Head on My Shoulder - Life in 3D



Intro 16 C, 4 C tag after wall 3

SEC. 1 WALK FWD R, L, FWD ROCK STEP, SIDE STEP, BACK ROCK STEP, 1/4 TURN R X2

- 1 – 2 Walk fwd R (1) walk fwd L (2)
- 3 & 4 Step fwd R (3) recover to L (&) step R to R side (4)
- 5 – 6 Step L back across R (5) recover to R (6)
- 7 – 8 1/4 turn L stepping L back (7) 1/4 turn L stepping R beside L (8)

SEC. 2 WALK FWD L, R, FWD ROCK STEP, STEP, BACK ROCK STEP, STEP, CROSS, UNWIND 1/2 TURN L

- 1 – 2 Step fwd L (1) step fwd L (2)
- 3 & 4 Step L to L side (3) recover to R (&) step L to L side
- 5 – 6 & Step R back across L (5) recover to L (6) step R to R side (&)
- 7 – 8 Cross step L behind R (7) unwind 1/2 turn L (8)

SEC. 3 CROSS ROCK, SIDE, CROSS ROCK, SIDE, WALK FWD R, L, 1/2 TURN R

- 1 – 2 & Step R across L (1) recover to L (2) step T to R side (&)
- 3 – 4 & Step L across R (3) recover to R (4) step L to L side (&)
- 5 – 6 Walk fwd R (5) walk fwd L (6)
- 7 – 8 Step fwd R (7) 1/4 turn L (8) weight ends on L

SEC. 4 R MAMBO 1/2 TURN R, 1/2 TURN R, RUN FWD L R L, 1/4 TURN L

- 1 & 2 Step fwd R (1) recover to L (&) 1/2 turn R stepping fwd R (2) (12:00)
- 3 – 4 Step fwd L (3) 1/2 turn R (4) weight ends on R (6:00)
- 5 & 6 Run fwd L (5) run fwd R (&) run fwd L (6)
- 7 – 8 Step fwd R (7) 1/4 turn L (8) weight ends on L (3:00)

Tag 4C after wall 3: bump hips R, R, L, L facing (9:00)

Happy dancing

Thank you for checking out my dance!

Please do not change anything in this step-sheet. If you want to use this somewhere else, you need to make sure that it's in original form and nothing's missing, such as contact details etc.

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Don't forget to vote for your favorite dance :)

Contact: ivan.rundgren@gmail.com

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