

Stand Up and Sing

Count: 32

Wall: 4

Level: Improver

Choreographer: Tri Artiyanti (INA) & Irene Argoputro (INA) - 2020

Music: Stand Up and Sing - Kool & The Gang



Intro : 32C - No Tag, No Restart

S1. FORWARD TOUCH - SIDE POINT - BOTAFOGO - FORWARD TOUCH - SIDE POINT - CROSS SHUFFLE

- 1-2 R touch forward, R point to side
- 3&4 Cross R over L, step L ball to side, step R in place
- 5-6 L touch forward, L point to side
- 7&8 Cross L over R, step R to side, cross L over R

S2. SIDE - TOUCH DIAGONAL FORWARD - COASTER STEP - FORWARD ROCK - ANCHOR STEP

- 1 - 2 Step R to side with rolling hip from Left to Right, L touch heel to Left diagonal forward
- 3 & 4 Step L back, close R to L, step L forward
- 5 - 6 Step R forward, recover to L
- 7 & 8 Step R back, recover to L, recover to R

S3. ELECTRIC KICK - SYNCOPATED MONTEREY - SIDE - TOUCH BEHIND

- 1 - 2 Step L forward, R kick forward
- 3 - 4 Step R back, close L to R
- 5&6& Point R to side, ¼ turn Right close R to L, point L to side, close L to R
- 7 - 8 Step R to side, L touch behind R

S4. DIAGONAL TOUCH FORWARD - CLOSE DIAGONAL TOUCH FORWARD - CLOSE - PIVOT ½ - FORWARD SHUFFLE

- 1 - 2 L touch to Left diagonal forward, close L to R
- 3 - 4 R touch to Right diagonal forward, close R to L
- 5 - 6 Step L forward, ½ turn Right step R in place
- 7 & 8 Step L forward, close R to L, step L forward

Have fun

triartiyanti16@gmail.com

irene.argoputro@gmail.com