

Ring Ring

Count: 32

Wall: 4

Level: Beginner

Choreographer: Ruth Manikoe (INA) - May 2025

Music: Ring Ring - ABBA



No Tag - 2 Restart

Start dance after 16 count

S - I SWAY R - L - HITCH

- 1 - 2 Sway Right, sway Left
- 3 - 4 Sway Right, Hitch Left
- 5 - 6 Sway Left, sway Right
- 7 - 8 Sway Left, Hitch Right

Sec II GRAPEVINE R - TOUCH – GRAPEVINE L ¼ TURN L TOUCH

- 1 - 2 Step R to side, cross L behind R
- 3 - 4 Step R to side, touch L together
- 5 - 6 Step L to side, cross R behind L
- 7 - 8 Turning ¼ L step on L touch

Sec III K- STEP

- 1 - 2 Step R fwd to R diagonal touch L next to R
- 3 - 4 Step L back to L diagonal , touch R next to L
- 5 - 6 Step R back to R diagonal, touch L next to R
- 7 - 8 Step L fwd to L diagonal, touch R next to L

Sec IV WALK,WALK,WALK - HITCH L - BACK,BACK,BACK - TOUCH

- 1 - 2 Step R fwd, Step L fwd
- 3 - 4 Step R fwd , Hitch L fwd
- 5 - 6 Step L back , step R back
- 7 - 8 Step L back touch R beside L

Restart after wall 3 & 9 (16 count)

Have Fun and Enjoy.....

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