Dance for the Girlies

Level: Beginner / Improver

Choreographer: Mieka (USA) - May 2025

Count: 32

Music: Lavender Haze - Taylor Swift

- or: Please Please Please Sabrina Carpenter
- or: Most Girls Hailee Steinfeld

No Tags or Restarts

Long Intro: 32 counts

[1-8] Step Right, Hip bump, Step Left, Hip bump, Rock right-recover, Triple step 1/2 turn to the right

- 1 & Step right foot forward, right toe swivel with hip bump
- 2 Weight back on right
- 3 & Step left foot forward, left toe swivel with hip bump
- 4 Weight back on left
- 5 Rock right foot forward
- 6 Recover eight back on left foot
- 7 & 8 Step right foot ¼ turn to right, step left together with right foot, step right foot ¼ turn to right (should be facing 6:00 wall)

[9-16] Step Left foot-body roll, Left Coaster step, Rock Right-Recover-Cross, Rock Left-Recover-Cross

- 1 2 Step left foot forward, body roll
- 3 &4 Step left foot back, step right foot to meet left foot, left foot steps forward slightly
- 5 &6 Step right foot out to right, recover weight on left foot, cross right foot over left foot
- 7 &8 Step left foot out to left, recover weight on right foot, cross left foot over right foot

[17-24] Vine to the Right, Left foot 1/4 turn paddle, Touch with right foot

- 1 Step right foot out to the right
- 2 Step left foot behind right foot
- 3 Step right foot out to the right
- 4 Step left foot next to right foot
- 5 Tap left foot out to the left (keeping weight on right foot)
- 6 Tap left foot out 1/2 turn to the left
- 7 Step left foot out ¹/₈ turn to the left, shifting weight onto left foot completing ¹/₄ turn
- 8 Right foot touches next to left foot

[25-32] Right leg scooping hitch-step, Left leg scooping hitch-step, Right step ½ turn, step right, step left.

- 1 & Step right foot out to right, sliding (or scooping) right leg up into a hitch
- 2 Step right foot down
- 3 & Step left foot out to left, sliding (or scooping) left leg up into a hitch
- 4 Step left foot down
- 5 Step right foot forward turning to the left
- 6 Step weight onto left foot (should be facing new wall)
- 7 Step right foot forward
- 8 Step left foot to meet right

REPEAT





Wall: 0