

At My Weakest

COPPER **KNOB**
STEPSHEETS

Count: 48

Wall: 2

Level: Low Improver - waltz

Choreographer: Véronique Vernet (FR) - March 2025

Music: At My Weakest - James Arthur



Intro : Start after 24 count

[1-6] L TWINKLE, R CROSS OVER , L SWEEP

- 1-3 Cross L over R – Step R side – Step L in place
- 4-6 Cross R over L – Sweep L Forward (2 counts)

[7 -12] L TWINKLE, R CROSS OVER , L SWEEP

- 1-3 Cross L over R – Step R side – Step L in Place
- 4-6 Cross R over L – Sweep L Forward (2 counts)

[13 -18] WEAVE – STEP SLIDE

- 1-3 Cross L over R - Step R Side – Cross L Behind R
- 4-6 RF Step Side – Slide L Towards R over 2 Counts

[19 -24] SIDE - SWAY SWAY 1/4

- 1-3 LF Step Side - Sway L (2 counts)
- 4-6 Sway R with ¼ Turn L and L Hook

[25 -30] L BASIC ½ TURN L, R BASIC WALTZ BACK

- 1-3 LF Step Fwd – ½ Turn L with RF Together L- Step L in Place
- 4-6 R step Back – Step L together – R Step In Place

[31 -36] CROSS OVER - POINT – CROSS BEHIND – L SIDE – CROSS OVER

- 1-3 Cross LF over RF - Point RF Side (2 counts) Bring L shoulder up & R shoulder down - Bring R Shoulder up

*Tag walls 4 & 8 Change last 3 counts of the section

- 4-6 Cross RF Behind LF – Step LF Side – RF Cross over LF

[37 -42] STEP FWD L – KICK R - BACK - SLIDE - HITCH

- 1-3 Step L to diagonal L – kick R (2 counts)
- 4-6 R Step Back – slide LF - Hitch L

[43 -48] BACK – HOOK – STEP FWD WITH ¼ TURN - SWEEP

- 1-3 L Step Back – RF hook in front of LF (2 counts)
- 4-6 RF step forward with ¼ turn R - LF Sweep forward over 2 counts

Start again

Tag walls 4 and 8 : Change last 3 counts

- 1- 3 Step R forward with ¼ turn R – LF Sweep forward over 2 counts

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Last Update: 30 May 2025