Like a Lasso

Count: 32

Level: Improver

Choreographer: Alvie Aguilar (USA) - June 2025

Music: Lasso - LANCO

Intro 48 counts

S1: CROSS, SIDE, R HEEL & L TOE, & R HEEL, CLAP X2, & L HEEL, CLAP X2

Wall: 2

- Cross R over L, Step L to left 1-2
- 3&4 Touch R Heel diag fwd, Step R next to L, Touch L Toe next to R
- &5&6 Step L next to R, Touch R Heel diag forward, clap, clap
- &7&8 Step R next to L, Touch L Heel diag forward, clap, clap [12:00]

S2: CHASSE, ¼ CHASSE, ¼ CHASSE, ½ TURN SHUFFLE

- Ball Step L next to R, Step R to right, Step L next to R, Step R to right &1&2
- 3&4 Step L ¼ left, Step R next to L, Step L to left [9:00]
- 5&6 Step R ¼ left, Step L next to R, Step R to right [6:00]
- 7&8 1/2 turn shuffle left, stepping L, R, L [12:00]
- Do lasso swings during Section 2

S3: ROCK FWD REC. SHUFFLE ½ TURN RIGHT. FULL TURN R. L KICK BALL POINT

- Ball Step L next to R, Step R forward, recover L (Style; Body Roll on rock/rec) 1-2
- 3 & 4 Shuffle ¹/₂ turn right, Stepping R L R [6:00]
- 5-6 Full turn right stepping L back, R forward (Easy Option; Step fwd L, R)
- 7&8 Kick L, Step L next to R, Point R to right [6:00]

S4: JAZZBOX, SYNCOPATED V- STEP WITH CLAPS

- Step R over L, Step Left back slightly to the left 1-2
- 3-4 Step R back next to L (shoulder length apart), Step L slightly forward
- &5&6 Hop out R, L, clap, clap (with small shoulder shimmie)
- &7&8 Hop in R, L, clap, clap (with small shoulder shimmie)

Last Update: 2 Jun 2025



