Chan Fu Support 搀扶



Count: 32 Wall: 2 Level: Easy Improver

Choreographer: Des Ho (SG) - June 2025

Music: Chan Fu (搀扶) - Ma Jian Tao (马健涛)



Intro: 32 cnts Thank you Kim & Serin Low for recommending this beautiful music

Cootion 4: Dools Corross Do	skind Cids Cossa Dask	Cida Casas Dask Cida	Forward. Step Turn Step [6:00]
Section I Back Sween Be	aning Siga Cross Rock	SIND CROSS BOCK SIND	Forward Sten Hirn Sten in Dui

ront

Cross LF behind RF, Step RF to the right, Cross rock LF over RF
Recover weight on RF, Step LF to the left, Cross rock RF over LF
Recover weight on LF, Step RF to the right, Step LF forward

Step RF forward, Pivot 1/2 L forward weight on LF, Step RF forward [6:00]

Section2: 1/2 R, 1/2 R, Basic Nightclub L & R, Side Sway [6:00]

2& 1/2 R stepping back on LF, 1/2 R step RF for	ward
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34& Step LF to the left, RF slightly behind LF, Cross LF over RF 56& Step RF to the right, LF slightly behind RF, Cross RF over LF

78& Step LF to the left (7), Swing hips to the right (8), Swing hips to the left (&) [6:00]

Section 3: Forward Sweep, Daimond Fallaway 5/8 L, Run Run Hitch, Coaster Step [1:30]

1	Step RF forward &	sweep LF forward
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2&3 Cross LF over RF, Step RF to the right, Step LF back on L-diagonal [4:30]

4&5 Step back on RF, 1/8 L step LF to the left (3:00), Cross RF over LF on L-diagonal [1:30]

6&7 Run forward on LF (6) & RF (&), Run forward on LF & hitch RF (7) [1:30]

8& Step back on RF, LF close next to RF [1:30]

Section 4: Pivot 1/2 L, 1/2 L, Back Sweep, Behind Side Cross Rock, 1/4 R, 1/4 R, Sway Sway [6:00]

1 Step RF forward [1:30]

2&3 Pivot 1/2 L step LF forward on L-diagonal (7:30), 1/2 L step RF backward on L-diagonal

(1:30), Step LF back on L-diagonal sweeping RF backward [1:30]

Easy Alternative Option: Run back on LF(2), RF(&), LF(3) [1:30]

4&5 Cross RF behind LF, Step LF to the left (square off 12:00), Cross rock RF over LF [12:00]

Recover weight on LF, 1/4 R Step RF forward (3:00), 1/4 R step LF to the left [6:00]

8&1 Swing hips to the right (8), Swing hips to the left (&), Start again with LF back (1) [6:00]

Start Again & Enjoy the dance

Contact choreographer: beaverct@gmail.com

Last Update - 2 Jun. 2025 - R1