No Shame



Count: 32 Wall: 4 Level: Improver

Choreographer: Ken McMillin (USA) - June 2025

Music: No Shame - Jeff Bates



Walk, walk, rock recover, weave

1,2,3&4 RF walk fwd, LF walk fwd, RF Rock fwd, recover

5,6,7,8 LF cross in front, RF step to R side, LF step behind, RF step to R side

Rock recover, behind side cross, Monterey, Side Chasse

1,2,3&4 LF rock fwd, recover together, LF behind, RF to R side, LF cross

5&6, RF point to R side, 1/4 R turn as RF slides back, LF point to side and back

7&8 RF step to R, LF step to RF, RF step to R side

Point, point, behind, side cross, point, point, cross, side rock recover

1&2&,3&4 RF point side, LF point side, LF behind, RF to side, LF cross front 5&6&, 7&8 RF point side, LF point side, LF cross front, RF side rock recover

Jazz box, Fwd rock recover, ½ r turn shuffle

1,2,3,4, RF step across front, LF step to L, RF step to R, LF step together

5&6, 7&8 RF rock front, recover RF ½ R turn with shuffle fwd, (r,l,r)

Learn-Dance-Teach -Enjoy!