Lasso Her In (P)



Count: 48 Wall: 0 Level: Low Intermediate (Partner)

Choreographer: Debbie Maxwell (USA) & Tom Daly (USA) - June 2025

Music: Cowboy Up - Kaylee Bell



[START] 8-COUNT INTRO (START ON VOCALS); SWEETHEART (CAPE) POSITION FACING LOD (Like footwork, except where noted)

[1-8] LEAD: WALK (2x), SHUFFLE FWD, ROCK FWD, RECOVER, SHUFFLE BACK FOLLOW: WALK (2x), SHUFFLE FWD, STEP FWD, ½ PIVOT, ½ TURN SHUFFLE

1,2,3&4 Walk fwd R (1), walk fwd L (2), step fwd R (3), step L next to R (&), step fwd R (4)

5,6,7&8 Lead: Rock fwd L (5), recover weight R (6), step back L (7), step R next to L (&), step back L

Follow: Step fwd L (5), ½ pivot R placing weight fwd R (6) (facing RLOD), ¼ turn R stepping side L (7) (facing ILOD), step R next to L (&), ¼ turn R stepping back L (8) (facing LOD)

[HANDS: Both Lead and Follow release L hands on count 5 as Follow ½ pivots and ½ shuffles under Lead's R arm, reconnecting hands back in sweetheart position on count 8.]

[9-16] ROCK BACK, RECOVER, KICK-BALL STEP, SHUFFLE FWD (2x)

1,2,3&4 Rock back R (1), recover weight L (2), kick R fwd (3), step on ball of R (&), step L fwd (4)

5&6,7&8 Step fwd R (5), step L next to R (&), step fwd R (6), step fwd L (7), step R next to L (&), step fwd L (8)

[17-24] LEAD: STEP SIDE, STEP TOGETHER, SHUFFLE IN PLACE (2x)

FOLLOW: 1/4 TURN WALK, WALK, 1/4 TURN SHUFFLE FWD (2x)

1,2,3&4 Lead: Step side R (1), step L next to R (2), step R in place (3), step L next to R (&), step R next to L (4)

Follow: ¼ turn L stepping fwd R (1) (facing ILOD), step fwd L (2), ¼ turn stepping fwd R (3), (facing RLOD) step L next to R (&), step fwd R (4)

5,6,7&8 Lead: Step side L (5), step R next to L (6), step L in place (7), step R next to L (&), step L next to R (8)

Follow: ¼ turn L stepping fwd L (5) (facing OLOD), step fwd R (6) ¼ turn stepping fwd L (7), (facing LOD), step R next to L (&), step fwd L (8)

[HANDS: Lead and Follow's hands remain connected throughout entire "around the world" turn. On counts 1-2, Lead raises R arm as Follow walks under Lead's R arm. On counts 3&4, Lead brings Follow's R hand up and over Lead's head. On counts 5-6, Lead brings Follow's L hand up and over Lead's head, ending with both arms crossed in front in skater's position.]

[24-32] LEAD: WALK (2x), 1/4 SHUFFLE SIDE, BACK ROCK, RECOVER, SHUFFLE SIDE

FOLLOW: 1/2 TURN BACK, 1/2 TURN FWD, 1/4 SHUFFLE SIDE, BACK ROCK, RECOVER, SHUFFLE SIDE

1,2,3&4 Lead: Walk fwd R (1), walk fwd L (2), ¼ turn L stepping side R (3) (facing ILOD), step L next to R (&), step side R (4)

Follow: ½ turn L stepping back R (1) (facing RLOD), ½ turn L stepping fwd L (2) (facing LOD), ¼ turn L stepping side R (3) (facing ILOD), step L next to R (&), step side R (4)

5,6,7&8 Rock L behind R (5), recover weight R (6), step side L (7), step R next to L (&), step side L (8)

[HANDS: Both Lead and Follow release L hands on count 1 and lower R hands to waist, reconnecting L hands on count 5 in double hand hold behind Lead's back.]

[32-40] ROCK BACK, RECOVER, SHUFFLE FWD, STEP FWD, ½ PIVOT, SHUFFLE FWD

1,2,3&4 Rock back R behind L (1), recover weight L (2), step fwd R (3), step L next to R (&), step fwd R (4)

5,6,7&8 Step fwd L (5), ½ pivot R placing weight fwd R (6) (facing OLOD), step fwd L (7), step R next to L (&), step fwd L (8)

[HANDS: Both Lead and Follow release L hands on count 5, reconnecting L hands on count 7 in sweetheart

position.]

[40-48] LEAD: STEP FWD, ¼ PIVOT, SHUFFLE FWD, WALK (2x), SHUFFLE FWD FOLLOW: STEP FWD, ¼ PIVOT, SHUFFLE FWD, ½ TURN BACK, ½ TURN FWD, SHUFFLE FWD

1,2,3&4 Step fwd R (1), $\frac{1}{4}$ pivot L placing weight fwd L (2) (facing LOD), step fwd R (3), step L next to

R (&), step fwd R (4)

5,6,7&8 Lead: Walk fwd L (5), walk fwd R (6), step fwd L (7), step R next to L (&), step fwd L (8)

Follow: ½ turn R stepping back L (5) (facing RLOD), ½ turn R stepping fwd R (6) (facing LOD), step fwd L (7), step R next to L (&), step fwd L (8)

[HANDS: Both Lead and Follow release L hands on count 5, reconnecting L hands on count 7 in sweetheart position.]

[REPEAT PATTERN & HAVE FUN!]

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