Hurtin' Songs



Count: 64 Wall: 2 Level: Intermediate

Choreographer: Marie-Paule Tremblay (CAN) - June 2025

Music: Hurtin' Songs - Brett Kissel



Start: 16-count intro from the main beat

S1 BACK -	TOLICH -	SHIJEELE EWD -	- ROCKING CHAIR

1-2 Rock RF back - LF toe crossed in front of RF

3&4 Shuffle fwd LF-RF-LF

5-6 Step RF fwd - Weight returns to LF

7-8 Step LF back - Weight returns to RF (12:00) (12:00)

S2 STEP - SWEEP - STEP - SWEEP - SHUFFLE FWD - STEP - TOUCH

1-2 Step RF fwd - Sweep LF from back to front3-4 Step LF fwd - Sweep RF from back to front

5&6 Shuffle fwd RF-LF-RF

7-8 Step LF fwd - Touch RF next to LF

Restart: During the 2nd sequence - wall 06:00 after 16 counts, restart facing 06:00.

S3 STEP FWD - 1/4 TURN - BEHIND - 1/4 TURN - STEP PIVOT 1/4 - CROSS SHUFFLE

Step RF fwd - ¼ turn right stepping LF to the side
 Step RF behind LF - ¼ turn left stepping LF fwd

5-6 Step RF fwd - ¼ turn left (09:00)

7&8 Cross RF over LF - Step LF to the side - Cross RF over LF (09:00) 3:00

S4 (PIVOT 1/4 TURN) X2 - CROSS SHUFFLE - SIDE ROCK STEP - BACK ROCK STEP

1-2 ½ turn right stepping LF back - ¼ turn right stepping RF to the side (03:00)

3&4 Cross LF over RF - Step RF to the side - Cross LF over RF

5-6 Rock RF to the side - Recover onto LF7-8 Rock RF back - Recover onto LF

S5 WALK - WALK - SHUFFLE FWD - ROCK RECOVER - ½ SHUFFLE FWD

1-2 Step RF fwd - Step LF fwd 3&4 Shuffle fwd RF-LF-RF

5-6 Rock LF fwd - Recover onto RF

7&8 ½ turn left shuffle fwd LF-RF-LF (09:00)

S6 STEP - 1/2 TURN - 1/2 SHUFFLE FWD - ROCK - RECOVER - COASTER STEP

1-2 Step RF fwd - ½ turn right stepping LF back (03:00)

3&4 ½ turn right shuffle fwd RF-LF-RF (09:00)

5-6 Rock LF fwd - Recover onto RF

7&8 Step LF back - Step RF next to LF - Step LF fwd

TAG During the 4th sequence, perform TAG

Then continue the dance from where you were, adding sections S7 and S8

S7 (STEP PIVOT 1/4) X2 - BEHIND SIDE CROSS

1-2 Step RF fwd - ¼ turn left (06:00) 3-4 Step RF fwd - ¼ turn left (09:00)

5&6 Step RF behind LF - Step LF to the side - Step RF across LF

7-8 Point LF to the side (no weight) - ¼ turn left with weight on RF (12:00)

S8 BACK - POINT - CROSS POINT - UNWIND 1/2 - SIDE ROCK STEP

- Step LF back Point RF to the side
 Cross RF over LF Point LF to the side
 Point LF behind Unwind ½ turn left keeping weight on LF (06:00)
 Rock RF to the side Recover onto LF
- TAG: During the 4th sequence, after the first 48 counts (06:00), add:
- 1-8 (SIDE TOUCH) X
- 1-2 Step RF to the side Touch LF next to RF3-4 Step LF to the side Touch RF next to LF
- Then continue the dance from where you were, adding sections S7 and S8

Sequence:

- Wall 1: Full 64-count wall (starts at 12:00 ends at 06:00)
- Wall 2: Dance S1, S2, then restart the dance from the beginning at 06:00
- Wall 3: Full 64-count wall (starts at 06:00 ends at 12:00)
- Wall 4: Dance S1, S2, S3, S4, S5, S6, TAG, then perform (S7-S8)
- Wall 5: Full 64-count wall (starts at 06:00 ends at 12:00)
- Wall 6: Dance S1, S2, and finish the dance facing 12:00

BONNE DANSE!

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