

# Chest Thumper

**COPPER** KNOB  
STEPSHEETS

**Count:** 16

**Wall:** 4

**Level:** Beginner

**Choreographer:** Christopher Gonzalez (USA) & Megan Barsuglia (USA) - June 2025

**Music:** Chest Thumper - secs on the beach



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## 16-count intro

### [1-8] Side Mambos x2, Back x2, R Coaster Step 12:00

- 1&2 Rock R to side (1), recover L (&), close R (2) 12:00
- 3&4 Rock L to side (3), recover R (&), close L (4) 12:00
- 5, 6 Walk R back (5), walk L back (6) 12:00
- 7&8 Step R back (7), close L (&), step R forward (8) 12:00

### [9-16] L Samba Step, R Crossing Triple, Step-Touch, Turn-Touch, Step-Touch, Ball-Cross 3:00

- 1&2 Step L forward and slightly across (1), rock R to side (&), recover L (2) 12:00
- 3&4 Step R across (3), step L slightly L (&), step R across (4) 12:00
- &5&6 Step L to side (&), touch R together (5), turn 1/4 R and step R to side (&), touch L together (6) 3:00
- &7&8 Step L to side (&), touch R together (7), step R in place (&), step L across (8) 3:00

**Ending** After the side rock on wall 16 facing 9:00, recover L and close R turning 1/4 R to 12:00 on the final lyrics "Chest thumper..."

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