

Wipeout AB

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Sher McIntosh (CAN) - June 2025

Music: Wipe Out - The Surfaris

or: Physical - Dua Lipa

or: Holding Out for a Hero - Adam Lambert



Section 1: Toe Strut four times to the Top Right Corner, on an angle (lead with your right hip and body faces top left corner when strutting)

1 – 8 Toe Strut 4 times. RLRL toe strut right foot on angle facing left corner with your body but moving fwd to right corner with the toe struts. L toe strut may be slightly in front of body, no need to cross-over R.

Section 2: Toe strut four times RLRL and turn 1/ 4 turn to the Right

1 – 8 Toe Strut 4 times, RLRL and turn 1/ 4 turn to the right slowly

Section 3: Step R, Flick L Leg Crossing Behind R, Step L, Touch R, repeat ALL from the Beginning total of two times.

1 – 4 Step R, Flick L Leg Crossing behind, R, Step L, Touch R at instep

5 – 8 Step R, Flick L Leg Crossing behind, R, Step L, Touch R at instep

Section 4: Modified K Step. Step fwd R to R corner, Flick L leg crossing behind R, Back L, touch R, Back R, touch L, forward L, touch R

1 – 4 Step R forward, Flick L Leg crossing behind R, Step L back to L corner, touch R at instep

5 – 8 Step R back to R corner, touch L at instep, Step L forward to L corner, touch R at instep

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Last Update - 15 Jun. 2025
