

Hey Cowboy

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Chelsea Gillum (AUS) & Karen Switzer (AUS) - March 2025

Music: Hey Cowboy - Laura Frank



RESTART: 1, WALL 4

WALK FORWARD & KICK, WALK BACK & TOUCH

- 1 - 4 Walk forward (R, L, R) (1, 2, 3), Kick L forward (4)
5 - 8 Walk backward (L, R, L) (5, 6, 7), Touch R next to L (8)

RIGHT SIDE SHUFFLE, BACK ROCK, LEFT SIDE SHUFFLE, BACK ROCK

- 1 & 2 Step R to R side (1), Step L next to R (&), Step R to R side (2)
3, 4 Rock L foot behind R (3), Recover weight to R foot (4),
5 & 6 Step L to L side (5), Step R next to L (&), Step L to L side (6)
7, 8 Rock R foot behind L (7), Recover weight L (8)

***Restart Here - Wall 4 facing 3.00**

KICK BALL CHANGE ¼ LEFT, KICK BALL CHANGE, JAZZ BOX

- 1 & 2 Kick R forward (1), Step on ball of R foot (&), Recover weight L (2) completing a quarter turn over left shoulder
3 & 4 Kick R forward (3), Step on ball of R foot (&), Recover weight L (4)
5 - 8 Step R across L (5), Step L back (6), Step R to R side (7), Step L next to R (8)

TOE, HEEL, STEP X 2, PIVOT ½ TURNS X 2

- 1 & 2 Tap R toe in place (1), Tap R heel in place (&), Step R forward (2)
3 & 4 Tap L toe in place (3), Tap L heel in place (&), Step L forward (4)
5, 6 Step R forward (1), Pivot half turn over L shoulder (6)
7, 8 Step R forward (7), Pivot half turn over L shoulder (8)

End of dance!

Feel free to create variations to this and have fun!

Chels & Karen!