Follow The Waves



Count: 32 Wall: 4 Level: Advanced

Choreographer: Hiroko Carlsson (AUS) - June 2025

Music: Follow The Waves (feat. Caden) - Sam Feldt : (Spotify/YouTube Music/Apple

Music/ Amazon Music/Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Intro: 8 counts)

[S1] Side, Behind-Side, Step-Pivot 1/2R, Step-Paddle 1/4R into Heel Bounce L-R, L Heel-Toe Swivel In

1 2&	Step R to the side, Step L behind R, Step R to the side
3 4	Step forward on L, Make a ½ turn right recover weight on R (6:00)
5 6	Step forward on L, Make a ¼ turn right recover weight on R (9:00)
&7	L heel bounce, R heel bounce
&8	Swivel L heel in. Swivel L toe in weight remains on R foot

[S2] Step-Samba Turn 1/4L, Cross-Turn 3/4R, Step-Samba Turn 1/4L, Kick-Ball-Run Around 1/2L-

1&2	Samba turn- Step forward on L, Making a ¼ turn left rock R to the side, Replace weight on L (6:00)
3&4	Cross R over L, Make a $\frac{1}{4}$ turn right stepping back on L, Make a $\frac{1}{2}$ turn right stepping forward on R (3:00)
5&6	Samba turn- Step forward on L, Making a ¼ turn left rock R to the side, Replace weight on L (12:00)
7&	Kick forward on R, Ball step L in place – Ready for run around!
8&	Run around making a ½ turn left on L-R (6:00)

[S3] -Fwd Rock-1/4L Side Rock-Back Rock-Fwd Rock, Run Back, 1/4R-1/4R Side Rock-

1& -	Rock forward on L, Replace weight on R
2&	Make a ¼ turn left / rock L to the side (3:00), Replace weight on R
3&4&	Rock back on L, Replace weight on R, Rock forward on L, Replace weight on R
5&6	Run back on L-R-L
7&8	Make a ¼ turn right stepping forward on R (6:00), Make a ¼ turn right / rock L to the side
	(9:00), Replace weight on R-

[S4] -1/4R-Drag & Scoop, Side-Touch-Side-Touch, Quick 1/4L Rock Turn, Cross-Side-Behind, 1/4L w/ Pencil 3/4L Turn

12	Make a ¼ turn right stepping L to the side (12:00), Drag & scoop R foot close to L
&3&4	Step R to the side, Touch L next to R, Step L to the side, Touch R next to L
&5	Rock R to the side making a ¼ turn left (9:00), Replace weight forward on L
6&7	Cross R over L, Step L to the side, Step R behind L
8	Make a ¼ turn left on your left foot, then complete another ¾ turn on the ball of the left foot
	while hitching the right foot (9:00)

TAG: 4 Counts Tag at the end of Wall 5 (9:00) - Sway R-L-R-L

Ending recommendation: The last wall begins at 9:00. Dance the 4 counts facing 12:00.

(updated: 10/June/25)