

Ondel Ondel

Count: 32

Wall: 4

Level: Beginner

Choreographer: Ika Kartika (INA) & Tri Retno Sukeksi (INA) - June 2025

Music: Ondel Ondel - Djoko Subagyo



TAG : 8C after W4, W6, W11, W13.

Sect 1 - WALK, WALK, HIP POINT , BACK, BACK, HIP POINT

- 1-2 Step RF forward, Step LF forward
- 3-4 Step RF forward, touch L toe beside RF while push L hip to L
- 5-6 Step LF back, step RF back
- 7-8 Step LF back, touch R toe beside LF while push R hip to R

Sect 2 - STEP FORWARD, STEP IN PLACE, BACK HOOK, BRUSH

- 1-2 Step RF forward, Step LF in place
- 3-4 Step RF in Place, Step LF in place
- 5-6 Step RF back, Bending Knee, Cross LF over RF
- 7-8 Step LF in place, sweeping floor with RF ball

Sect. 3 - JAZZ BOX TURN R 1/4, V STEP

- 1-2 Cross RF over LF, Turn R 1/4, step LF back
- 3-4 Step RF to R , Step LF forward
- 5-6 Step RF to R diagonal forward, step LF to L diagonal forward
- 7-8 Step RF back to center, step LF beside RF

Sect. 4 - CROSS RECOVER, SIDE CHASSE TO R, CROSS RECOVER, SIDE CHASSE TO L

- 1-2 Rock cross RF over LF, Recovery on LF
- 3&4 Step RF to R, step LF beside RF, Step RF to R
- 5-6 Rock cross LF over RF, recovery on RF
- 7&8 Step LF to L, step RF beside LF, Step LF to L

TAG : 8C after W4, W6, W11, W13.

HIP SWAY (X4)

Swing hip to R-L , while put hands on the hip.

Happy Dancing For Healthy

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