This Is Me



Count: 32 Wall: 4 Level: Intermediate

Choreographer: Daniel Exton (UK) - April 2014

Music: Grade 9 - Barenaked Ladies



S1 Touch, Touch, Touch, Switch, Touch, Touch, Shuffle

1, 2	Touch Right foot to Right Side, Touch Right foot Forward
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3 & 4 Touch Right foot to Right side, Return Right foot, Touch Left foot to Left side

5, 6 Touch Left foot behind, Touch Left foot to left side

7 & 8 Left foot forward, Right foot behind left, Left foot forward

S2 Rock, Recover, Shuffle 1/2 Turn, Step, 1/2 Turn, Kick Ball Change

1, 2 Rock Forward on Right foot, Recover onto Left foot	
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3 & 4 Right foot forward with 1/4 turn Right, Left foot next to Right Foot, Right foot forward with 1/4

turn right

5, 6 Left foot forward, 1/2 turn Right

7 & 8 Kick left foot forward, place Left foot down, step Right foot in place

S3 Right Grapevine, Left Grapevine with 1/4 turn Left

1, 2	Right foot to Right side, Left foot behind Right
3, 4	Right foot to Right side, Left foot touch next to Right foot
5.6	Left foot to Left side. Right foot behind Left

7, 8 Left foot to Left side with 1/4 turn left, Right foot touch next to Left foot

S4 Forward, Together, Back, Together, Forward, Cross, Unwind Full Turn

1, 2	Right foot forward, Left foot next to Right
3, 4	Left foot back, Right foot next to Left
5, 6	Left foot forward, Right foot cross over Left

7, 8 Unwind full turn left

* Restarts

Wall 7 after 24 counts Wall 13 after 16 counts