Happy Heartache Girl

Count: 32

Level: Beginner

Choreographer: LD Crazy Mike (SWE) - June 2025

Music: Blue Ridge Mountain girl - A Happy Heartache : (THE KINNA SESSION)

Dance starts on vocal bout2 counts intro Section 1 Kick R Across L, Kick R to side, R Coaster Step, Kick L Across R, Kick L to side, L Coaster step 1 - 2 Kick Right foot forward Across L, Kick Right foot to right side 3&4 Step back on Right foot, Step Left beside Right, Step forward on Right 5 – 6 Kick Left foot Forward Across R, Kick Left foot to left side 7 & 8 Step back on Left foot, Step right beside Left Foot, Step Forward on Left Foot Section 2 R Diagonal Shuffle Forward, L Diagonal Shuffle Forward, right diagonal Chassé, left diagonal chassé (Both Chassé's Travelling Backwards) 1&2 Angle to (1.30) Step Right Forward, Step Left Beside Right, Step Forward on Right 3&4 Angle to (10.30), Step Forward on Left, Sep right beside Left, Step Left Forward 5&6 Angle to (1.30), Step right foot to the right, Step left foot next to right, Step right foot to the right 7 & 8 Angle to (10.30), Step left foot to the left, Step right foot next to left, Step left foot to the left (Straighten up to 12 a clock) Section 3 Right Rolling Vine. (Touch) Clap x 1. Left Rolling Vine (Touch). Clap x 1. (Easy Option Right Vine with Touch, Left Vine with Touch and clap) Step right 1/4 turn right. Make 1/2 turn right stepping back left, Make 1/4 turn right stepping 1 - 4 right to right side. Touch left beside right and Clap. (Step R to R side, Step L behind, Step R to R side, Touch L beside R, and clap) 5 - 8 Step left 1/4 turn left. Make 1/2 turn left stepping back right. Make 1/4 turn left stepping left to left side. Touch right beside left and Clap. (Step L to L side, Step R behind, Step L to L side, Touch R beside L, and clap) Section 4 Right Kickball Change x2, Step Turn ¼ Left x 2 Over Left Shoulder 1&2 Kick Right Forward. Step Right Beside Left. Step Left In Place. 3&4 Kick Right Forward. Step Right Beside Left. Step Left In Place. 5 - 6Step forward on Right foot, turn a 1/4 turn left, Returning weight on left foot 7 – 8 Step forward on Right foot, turn a 1/4 turn left, Returning weight on left foot

(Styling on count 5-8 in section 4. Wave and swing your right arm around, as you were about to swing a lasso)

Start over

Dedicated to the Swedish Bluegrass Band, Happy Heartache





Wall: 2