M.A.N.G.U

Count: 64

Level: Phrased Intermediate

Choreographer: Suciati C.C.Q (INA) - June 2025

Music: Mangu (feat. Charita Utami) - Fourtwnty

INTRO : 32C

*1Tag,No Restart

SEQUENCE: AAB TAG AAB B ABB B.

PART A 32C

Section 1: FORWARD, HOLD, SUGAR TUCK, COASTER STEP

- 1,2 Step forward RF, Hold
- Step forward LF, Hold 3.4
- 5&6 Step RF forward, recover on LF,¹/₂turn R Step ball RF forward.
- 1/2 turn R step back LF, step RF beside LF, step LF in place, step RF in place. 7&8

Section 2: CROSS BEHIND, SWEEP, COASTER STEP, WALK FORWARD

- 1.2 Cross behind RF over LF ,sweep LF from front to back
- 3.4 cross LF behind RF over, Sweep RF from front to back.
- 5&6 Step RF back, step LF beside RF ,step LF forward
- 7,8 Walk forward LF, RF.

Section 3 : HIPSWAY L-R-L, SWEEP, CROSS BEHIND, SIDE, CROSS SHUFFLE

- 1,2,3,4 Step LF to L swing hip and shoulder L-R-L, Sweep back LF.
- 5.6 Cross LF behind RF, step RF to R.
- cross LF over RF, step RF to R, cross LF over RF. 7&8

Section 4: ¼ TURN R FORWARD RF, FULLTURN R, ROCK SIDE R, RECOVER, ½ TURN L STEP RF SIDE, SWEEP CROSS BEHIND LF, COASTER STEP HITCH RF.

- 1/4 turn R, touch LF over RF, make a full 3/4 turn to R. 1.2
- 3.4 Rock step RF to R, recover on LF
- 5,6 1/2 turn L step RF to R with sweep LF from front to back, Cross LF behind RF.
- 7&8 step RF beside LF, step LF forward, hitch R knee (going up).

PART B : 32 C

Section 1: STEP BACK, RECOVER, STEP FORWARD LF, 4TURN L RF SIDE, CROSS LF, 4TURN L STEP BACK RF, STEP LF BESIDE RF.

- 1,2,3 Step back RF, LF, RF.
- 4&5 Step back LF, recover on RF, step LF forward.
- 1/4 turn L step RF side R, cross LF over RF, 6&
- 7.8 1/4 turn L step RF back, step LF beside RF.

Section 2: STEP BACK, TOUCH, COASTER STEP.

- 1.2 Step back RF, touch LF beside RF.
- Step back LF.touch RF beside LF. 3.4
- 5.6 Step back RF, touch LF beside RF.
- 7&8 Step back LF, step RF beside LF, step LF forward.

Section 3: ¼ TURN R STEP RF FORWARD, ½ TURN R STEP BACK LF, ¼ TURN R SIDE RF, CROSS LF, RF SIDE, CROSS ROCK, RECOVER, LF SIDE, HOLD.

- Step RF forward, ¹/₂turn R step LF back, ¹/₄turn R step RF to R. 1,2&
- Cross LF over RF, Step RF slightly side R with drag LF to R 3,4





Wall: 2

- 5,6 Cross rock LF, recover on RF.
- 7,8 make big Step LF slightly to side L , hold.

Section 4: WEAVE,¹/₄TURN L FORWARD LF,FULL TURN HITCH LF KNEE UP, FORWARD LF,ROCK FORWARD RF, STEP RF BESIDE LF.

- 1,2,3,4 cross LF over RF ,step RF to R, cross LF behind RF,1/4turn L step RF forward
- 5,6 ¹/₂ turn L Step back RF make with hitch LF knee up turn around , ¹/₂ turn L step LF forward
- 7&8 Rock forward RF, recover on LF, step RF beside LF.

Tag after part B on wall 3

Tag 8C: NIGHT CLUB, 1/2 TURN AROUND LF - RF - LF, CROSS, SIDE, HIPSWAY .

- 1,2& step RF to R,close LF behind RF, cross RF over LF.
- 3,4& ¼ turn L step LF forward,¼ turn L step RF forward,¼turn L step LF forward.
- 5,6 cross RF over LF, step LF to L
- 7,8& swing hip and shoulder L-R-L

Thanks for enjoying this choreo, Happy Dancing \Box \Box

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