Sitting on a Bar Stool

Level: Beginner

Choreographer: Annalies Schmaltz (SA) - June 2025

Music: Bar Stool - Zac & George

Section 1: skate, skate, shuffle R.L.R, skate, skate, shuffle L.R.L:

- 1.2.3&4 diagonally skate right foot forward, diagonally skate left foot forward, shuffle right foot, left next to right, right foot diagonally(skate : sliding foot over floor)
- diagonally skate left foot forward, diagonally skate right foot forward, shuffle left foot, right 5.6.7&8 next to left, left foot diagonally

Section 2: vine to right, vine to left

Count: 32

- 1.2.3.4. ; step right foot to right, left foot behind right, step right foot to right, touch left next to right
- 5.6.7.8. step left foot to left, right foot behind left, step left foot to left, touch right next to left

Section 3: skate, skate, shuffle R.L.R, skate, skate, shuffle L.R.L:

- 1.2.3&4 diagonally skate right foot forward, diagonally skate left foot forward, shuffle right foot, left next to right, right foot diagonally
- diagonally skate left foot forward, diagonally skate right foot forward, shuffle left foot, right 5.6.7&8 next to left, left foot diagonally

Section 4: jazz box ¼ turn right, jazz box ¼ turn right

- 1.2.3.4. step right over left, (slightly turning to right) left behind right, step right to right, (squaring out to next wall) close left next to right
- 5.6.7.8. step right over left, (slightly turning to right) left behind right, step right to right, (squaring out to next wall) close left next to right.....(jazz box is, toe heel, toe heel)

Enjoy dancing!

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Wall: 2