

Lie To

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Hiroko Carlsson (AUS) - June 2025

Music: Lie To Me - Ventaria & Adalaide Adams : (YouTube Music/Apple Music)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Intro: 8 counts)

[S1] R Heel-Ball-Cross, Hip-Hip-Hip, L Heel Ball-Cross, Hip-Hip-Hip

- 1&2 Touch R heel diagonally forward, Ball step R in place, Cross L over R
- 3&4 Step R to the side hip bum to the right-left-right
- 5&6 Touch L heel diagonally forward, Ball step L in place, Cross R over L
- 7&8 Step L to the side hip bum to the left-right-left

[S2] Rocking Chair, Fwd Rock-1/4R-Cross

- 1 2 3 4 Rock forward on R, Replace weight on L, Rock back on R, Replace weight on L
- 5 6 Rock forward on R, Replace weight on L
- 7 8 Make a ¼ turn right stepping R to the side (3:00), Cross L over R

[S3] Side, Together, 1/4R Shuffle Fwd, Fwd Rock-1/2L Shuffle Fwd

- 1 2 R to the side, Step L next to R
- 3&4 Make a ¼ turn right stepping forward on R (6:00), Step L close, Step forward on R
- 5 6 Rock forward on L, Replace weight on R
- 7 8 Make a ½ turn left stepping forward on L (12:00), Step R close, Step forward on L

[S4] Step-Pivot 1/4L, Step-Pivot 1/2L, Box Step w/ Cross

- 1 2 Step forward on R, Make a ¼ turn left recover weight on L (9:00)
- 3 4 Step forward on R, Make a ½ turn left recover weight on L (3:00)
- 5 6 7 8 Cross R over L, Step back on L, Step R to the side, Cross L over R

Restart on Wall 2 Count 16 (6:00), Wall 6 Count 16 (6:00)

Ending recommendation: The last wall ends at 6:00. Unwind ½ turn right to 12:00 o'clock.

(updated: 23/June/25)