Reggaeton Lento



Count: 48 Wall: 2 Level: Phrased Improver

Choreographer: Berna Hardanti (INA) - June 2025

Music: Reggaetón Lento (Bailemos) - CNCO



Note:

- intro (8C)
- sequence: AAB AAB AAB BBB AA* A
- Part A: 32C & Part B: 16C

PART A (32 Counts)

S1# SAMBA WHISK (R - L) - TOE TOUCH (FWD - SIDE) - SAILOR STEPS

1a2 step RF to side, slightly cross LF behind RF, recover on RF 3a4 step LF to side, slightly cross RF behind LF, recover on LF

5, 6 toe touch RF fwd, toe touch RF to side

cross RF behind LF, close LF next to RF, step RF to side 7&8

S2# CROSS SHUFFLE - 1/2 R CROSS SHUFFLE - SIDE MAMBO (L - R)

1&2 cross LF over RF, step RF to side, cross LF over RF

3&4 1/2 turn R cross RF over LF, step LF to side, cross RF over LF

5&6 step LF to side, recover on the RF, close LF next to RF 7&8 step RF to side, recover on the LF, close RF next to LF

(Restart HERE for A*)

S3# 1/4 L DIAMOND TURN - SYNCHOPATED FWD LOCK SHUFFLE

cross LF over RF, 1/8 turn L step RF back, step LF back with RF hitch 1&2

3&4 step RF back, 1/8 turn L step LF to side, step RF fwd

5&6& step LF fwd, lock RF behind LF, step LF fwd, lock RF behind LF

step LF fwd, lock RF behind LF, step LF fwd 7&8

S4# 1/4 R CROSS SAMBA (R - L) - V STEP

1a2 1/4 turn R cross RF over LF, step LF to side, recover on the RF

cross LF over RF, step RF to side, recover on the LF 3a4 5, 6 step RF diagonally fwd, step LF diagonally fwd

7.8 step RF back to center, close LF next to RF

PART B (16 Counts)

S1# OUT - OUT - FWD WALK (R - L) - CROSS SHUFFLE (R - L)

1, 2 step RF to side, step LF to side

3, 4 step RF fwd, step LF fwd

5&6 cross RF over LF, step LF to side, cross RF over LF 7&8 cross LF over RF, step RF to side, cross LF Over RF

S2# FWD MAMBO - BWD MAMBO - 1/2 L PIVOT - FWD - CLOSE

1&2 step RF fwd, recover on the LF, step RF back 3&4 step LF back, recover on the RF, step LF fwd 5, 6 step RF fwd, 1/2 turn L recover Ron the LF

7,8 step RF fwd, close LF next to RF

ENJOY THE DANCE

Berna Hardanti

Email: bhardanti@gmail.com

