

Worst Way

Count: 32

Wall: 4

Level: Improver

Choreographer: Runa (DK) - June 2025

Music: Worst Way - Riley Green



Intro: 16 counts (Start on vokals)

RESTART : Wall 3 after 8 count (facing 6:00)

S1. (Side-rock, recover, ball-step) x 2 (R+L), (½ fwd rumba-box) x 2 (R+L)

- 1-2& Rock R to R side, recover on L, step R beside L
- 3-4& Rock L to L side, recover on R, step L beside R
- 5&6 Step R to R side, step L beside R, step fwd on R
- 7&8 Step L to L side, step R beside L, step fwd on L

S2. Rock, recover(&), (sweep back) x 3 (R+L+R), sailor-step ¼ turn L into fwd shuffle, touch

- 1& Rock fwd on R, recover on L
- 2-3-4 Sweep R back, sweep L back, sweep R back
- 5& Cross L behind R ¼ turn L, step R to R side (9:00)
- 6&7 Step fwd on L, step R beside L, step fwd on L
- 8 Touch R beside L

S3. (Side, together, ¼ turn R) x 3 (R+L+R), sway, sway

- 1&2 Step R to R side, step L beside R, step R to R side ¼ turn R (12:00)
- 3&4 Step L to L side, step R beside L, step L to L side ¼ turn R (3:00)
- 5&6 Step R to R side, step L beside R, step R to R side ¼ turn R (6:00)
- 7-8 Step L slightly to L and sway to L, take weight on R and sway to R

S4. ¼ turn L, full turn L (&2), fwd coaster-step, coaster-step, walk, walk

- 1 Step L to L side ¼ turn L (3:00)
- &2 Step fwd on R ½ turn L, step back on L ½ turn L (3:00)
- 3&4 Step fwd on R, step L beside R, step back on R
- 5&6 Step back on L, step R beside L, step fwd on L
- 7-8 Step fwd on R, step fwd on L

Easier option count 1&2: ¼ turn L into fwd shuffle

- 1&2 Step L to L side ¼ turn L, step R beside L, step fwd on L