

I Just Can't Stop Dancing

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 2

Level: Beginner

Choreographer: Lidia Landon Michael (USA) - June 2025

Music: Can't Stop Dancin' - Becky G.



No tags/ No Restarts

INTRO: 16 COUNTS (9 seconds into song)

SECTION 1 BIG STEP SIDE,HOLD, BACK ROCK/RECOVER, SIDE MAMBO, SIDE MAMBO

- 1-2 Big R step to the R side, Hold
- 3-4 Rock L back, recover R
- 5&6 Rock L side, recover R, step L next to R
- 7&8 Rock R side, recover L , step R next to L

SECTION 2 BIG STEP SIDE, HOLD, STEP, POINT L & R, ROCK & RECOVER, TRIPLE STEP ¼ R

- 1-2& Big L step to the L side, Hold, Step R, next to L
- 3&4 Point L to L side, step R next to L, Point R to R side
- 5-6 (&) R front cross rock, recover on L (optional R sweep front to back)
- 7&8 Step R ¼ to R, step L next to R, step R next to L

SECTION 3 STEP FWD, ½ PIVOT, SHUFFLE FWD, SHUFFLE FWD ,STEP FWD, ½ PIVOT

- 1-2 Step L forward, ½ pivot to the R (optional jump onto R & flick back L)
- 3&4 Step L forward to a slight L diagonal, step R next to L, step L forward to a slight L diagonal
- 5&6 Step R forward to a slight R diagonal, step L next to R, step R forward to a slight R diagonal
- 7-8 Step L forward, ½ pivot to the R (optional jump onto R & flick back L)

SECTION 4 KICK, STEP, POINT, JAZZ BOX ¼ R, ROCK /RECOVER TOUCH

- 1&2 Kick L front, step L next to R, point R to R side
- 3-4 Start Jazz box: Step R cross in front of L, step L back (optional shoulder shimmies or rolls)
- 5-6 Finish Jazz box: Step R with ¼ R turn, Step L next to R (optional shoulder shimmies or rolls)
- 7&8 Rock R front, Recover L, Touch R next to L

CONTACT: lidia.michael@outlook.com