

Suga Boom Boom

COPPER KNOB
STEPSHEETS

Count: 64

Wall: 2

Level: Phrased Intermediate

Choreographer: Michelle Gates (USA) - March 2025

Music: Suga Boom Boom (feat. LadyDice) - DL Down3r



****Winner WE Line Dance Workshop 2025 - Intermediate Choreography Competition****

No tags or restarts

Sequence: AAB AAB AAB AA

Intro: start on 3rd beat of lyrics (the 2nd "Boom") about 2 seconds in. (ie: Sugar boom GO)

Part A: 16c

(1-8) TRIPLE RIGHT, ROCK RECOVER BACK, BACK LOCK STEP, COASTER STEP (12:00)

- 1 & 2 Step RF front, step LF front, step RF front
- 3 & 4 Rock LF front, Recover RF back, step LF back
- 5 & 6 Step RF back, step LF slightly ahead of RF, step RF back
- 7 & 8 Step LF back, Step RF back, Step LF front

(9-16) HIP ROLL RIGHT, HIP ROLL LEFT, RIGHT SCISSOR, LEFT SCISSOR (12:00)

- 1 - 2 Step RF to side, sway hips to right
- 3 - 4 Step LF to side, sway hips to left
- 5 & 6 Step RF to right side, step LF next to RF, cross RF in front of LF
- 7 & 8 Step LF to left side, step RF next to LF, cross LF in front of RF

B:

(17-24) RIGHT STEP CHUG BACK, BEHIND AND CROSS, SWIVET STEP (6:00)

- 1-2 RF touch to right side, $\frac{1}{8}$ turn RF touch back,
- 3-4 $\frac{1}{8}$ turn RF touch back, $\frac{1}{8}$ turn RF touch back
- 5 & 6 RF behind LF, LF side, RF cross in front of LF
- 7 & 8 LF step next to RF, (weight on ball of LF, heel of RF) swivel heels to L/ toes to R, return feet to center

(25-32) STEP, HEEL, HEEL, STEP, x3 (CATERPILLAR), POINT RIGHT, POINT LEFT (6:00)

- 1&2& Step RF $\frac{1}{4}$ toes facing right, turn LF heel $\frac{1}{4}$ toes facing left, straighten up RF toes forward, step LF next to RF
- 3&4& Step RF $\frac{1}{4}$ toes facing right, turn LF heel $\frac{1}{4}$ toes facing left, straighten up RF toes forward, step LF next to RF
- 5&6& Step RF $\frac{1}{4}$ toes facing right, turn LF heel $\frac{1}{4}$ toes facing left, straighten up RF toes forward, step LF next to RF
- 7&8 Point right to right, step right beside left, point left to left

(33-40) LEFT STEP CHUG BACK, BEHIND AND CROSS, SWIVET STEP (12:00)

- 1-2 LF touch, $\frac{1}{8}$ turn LF touch back,
- 3-4 $\frac{1}{8}$ turn LF touch back, $\frac{1}{8}$ turn LF touch back
- 5 & 6 LF behind RF, RF side, LF cross in front of RF
- 7 & 8 RF step next to LF, (weight on ball of LF, heel of RF) swivel heels to L/ toes to R, return feet to center

(41-48) MAMBO RIGHT, MAMBO LEFT, BACK DRAG POP, TRIPLE FORWARD (12:00)

- 1&2 Step RF to R side, step LF in place, step RF next to LF
- 3&4 Step LF to L side, step RF in place, step LF next to RF
- 5-6 Step R a big step back sliding LF towards RF, step LF next to RF popping R knee fwd

7&8 Step RF front, step LF front, step RF front

(49-56) SYNCOPATED LOCK STEP x 2, STEP, PONY STEP BACK x 2 (12:00)

1&2& Step LF to L diagonal, Lock RF behind LF, Step LF forward to L diagonal, Step RF to R diagonal

3&4 Lock LF behind RF, Step RF to R diagonal, Step LF forward

5&6 Step RF back hitching L knee, step LF beside RF, step RF back hitching L knee

7&8 Step LF back hitching R knee, step RF beside LF, step LF back hitching R knee

(57-64) SYNCOPATED RIGHT ROCK, LEFT ROCK, FRONT ROCK, RIGHT ½ TURN, BALL STEP (6:00)

1-2& RF rock out to R side, LF step in place, RF ball step next to LF

3-4& LF rock out to L side, RF step in place, LF ball step next to RF

5-6& RF rock forward, LF step in place, RF step beside L foot

7-8& LF forward, ½ turn R over R shoulder taking weight on RF, LF ball (the step is the 1st count of the beginning)

Alternate ending to face forward:

At the end of part A on the 4th set, do right scissor, LF step, ½ turn over right shoulder and RF to side to face forward.
