

Ballad of Dixie

Count: 32

Wall: 4

Level: Beginner

Choreographer: Annalies Schmaltz (SA) - July 2025

Music: The Ballad of Dixie - Thomas Mac



Section 1: Lindy R, rock rec, Lindy L , rock rec,

- 1&2,3,4 step right to right , close left next to right, step right to right, rock left behind right,. recover on right
- 5&6.7.8 step left to left, close right next to left, step left to left, rock right behind left and recover on left

Section 2: Shuffle right forward, shuffle left forward, 2 x Kick ball change

- 1&2 3&4 shuffle right forward, close left next to right, step forward on right. shuffle left forward, close right next to left, step forward on left
- 5&6 7&8 kick ball change: flick right forward at ankle height, bring it back below the body. and step on the ball , releasing weight from the left, replace weight on left , repeat. for 2nd

Section 3: Rocking chair, Jazz box ¼ turn

- 1.2.3.4. step right foot forward, (keep left foot as centre,) rock back on left, step right foot backward, recover on left
- 5.6.7.8 Cross right over left turning slight , step left behind right, step right to right.. (squaring out to new wall) step left next to right

Section 4: K- step

- 1.2.3.4 step diagonally right forward, touch left next to right, step left back to centre,.. touch right next to left
- 5.6.7.8 step diagonally right back, touch left next to right, step left back to centre and close right next to left.
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