

Bell Bottoms Double Up (P)

Count: 32

Wall: 0

Level: Partner

Choreographer: Helen Parkyn (UK) - July 2025

Music: Bell Bottoms Up - Lainey Wilson



UKLDA Grassroots instructor 2023. UKLDA Community instructor 2024

Intro 32 counts (start on lyrics)

*1 wall partner dance in sweetheart position.

START FACING REVERSE LINE OF DANCE. Same steps for both dancers

2 X RIGHT STEP PIVOT 1/4 TURNS LEFT, JAZZ BOX CROSS

1 – 4 step forward right, pivot 1/4 left, step forward right, pivot 1/4 left

5 – 8 cross right over left, step back left, step right to side, cross left over right

RIGHT VINE AND TOUCH, 2 X SHUFFLES FORWARD

1 – 4 step right to side, cross left behind, step right to side, touch left

5& 6 7&8 shuffle forward left (left, close, left), shuffle forward right (step, close, step)

LEFT VINE AND TOUCH, 2 X SHUFFLES FORWARD

1 – 4 step left to side, cross right behind, step left to side, touch right

5 &6 7&8 shuffle forward right (step, close, step), shuffle forward left (step, close, left)

RIGHT ROCK, RECOVER, TRIPLE 1/2 TURN RIGHT, LEFT ROCK, RECOVER, COASTER

1, 2, 3&4 rock forward on right, recover back on left, triple step making 1/2 turn right (stepping right, left, right)

5, 6, 7&8 rock forward on left, recover back onto right, step back left, close right on &, step forward left

START AGAIN