

# Can't Say No

Count: 32

Wall: 2

Level: Beginner

Choreographer: Diane Capon (UK) - July 2025

Music: Can't Say No - The Wombats



Intro 32 counts – start on lyrics.

## Section 1 (1-8) Heel and Heel, Out Out, In In

1,2,3,4 Dig R heel forward and bring it in, then L heel forward and bring it back in  
5,6,7,8 Step R out to R side, step L out to L side, step R in, step L in

## Section 2 (8-16) Paddle Left ½ turn over 8 counts

1,2,3,4 Paddle 1/8th turn left rocking R to R side. Paddle 1/8th turn left rocking R to R side.  
5,6,7,8 Paddle 1/8th turn left rocking R to R side. Paddle 1/8th turn left rocking R to R side.

## Section 3 (17-24) Walk Forward and Kick and Back and Touch

1,2,3,4 Walk forward R, L R, and kick L foot forward  
5,6,7,8 Walk back L, R, L, and touch R in

## Section 4 (25-32) Forward Diagonally Right, Touch, Forward Diagonally Left, Touch, Back Diagonally Right, Touch, Back Diagonally Left, Touch (with claps)

1,2,3,4 Step R forward diagonally right, touch L beside right foot, step L forward diagonally left, touch R beside left foot (with claps)  
5,6,7,8 Step R foot back diagonally R, touch L beside right foot, step L foot back diagonally L, touch R foot beside L (with claps)

**TAG: 16 count tag at the end of wall 7 (you will be facing 6 o'clock)**

**Paddle around left back to where you were – full turn.**

**TAG Section 1 Paddle left 1/2 turn over 8 counts**

1,2 3,4. Paddle 1/8th turn left rocking R to R side. Paddle 1/8th turn left rocking R to R side.  
5 6 7 8. Paddle 1/8th turn left rocking R to R side. Paddle 1/8th turn left rocking R to R side.

**TAG Section 2 Paddle left 1/2 turn over 8 counts**

1,2,3 4. Paddle 1/8th turn left rocking R to R side. Paddle 1/8th turn left rocking R to R side.  
5 6,7 8. Paddle 1/8th turn left rocking R to R side. Paddle 1/8th turn left rocking R to R side.

The lyrics provide plenty of opportunity to add various arm movements – get creative and enjoy

WRITTEN FOR MY HUBBY PAUL, WHO LOVES THIS SONG AND ASKED ME TO WRITE A DANCE TO IT.  
HE IS GOING TO HAVE A GO AT LEARNING THIS DANCE XX

Last Update: 10 Jul 2025