

Rainiers in Redding

Count: 32

Wall: 4

Level: High Beginner

Choreographer: David Crosby (USA) - July 2025

Music: Rainiers in Redding - Joel Gibson Jr.



Intro: 32 counts (16 secs) , Start weighted L facing 12:00 - No tags. No restarts.

Out R on Heel, Out L on Heel, Coaster R, L Heel Grind with ¼ turn L, Rock Back L, Recover R

- 1, 2 Step out and forward onto R heel, step out and forward L onto L heel
- 3&4 Coaster step R L R
- 5, 6 Step out L heel, grind ¼ turn L, step back R
- 7, 8 Rock back L, recover R

L Toe Strut, R Toe Touch and Kick, Hop Back, Clap, Hop Cross R over L, Clap

- 1,2 Tap L toe forward (1), weight L (2)
- 3,4 Tap R toe forward (3), kick forward (4)
- &5, 6 Hop slightly back R, L (&5), Clap (6)
- &7, 8 Hop/Cross by placing L slightly behind R and then L over R (&7), Clap (8)

Unwind ½ Turn L, Rock Back L, Recover R, Hop Forward, Clap, Hop Cross L over R, Clap

- 1, 2 Unwind L ½ turn (Styling option: bounce on your toes on the beat as you turn)
- 3, 4 Rock back L, Recover R
- &5, 6 Hop slightly forward L, R (&5), Clap (6)
- &7, 8 Hop/Cross by placing R slightly behind L and R over L (&7), Clap (8)

Unwind ½ Turn R, Rock Back R, Recover L, Kick/Ball Change R x 2

- 1, 2 Unwind R ½ turn (Styling option: bounce on your toes on the beat as you turn)
 - 3, 4 Rock R, recover L
 - 5&6 Kick R, Step R, Step L
 - 7&8 Kick R, Step R, Step L
-