

Bad Dreams AGAIN !?!

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Val Saari (CAN) - July 2025

Music: Bad Dreams (HUGEL Remix) - Teddy Swims



INTRO: 32 counts, Begin on the word "you"

No tags, no Restarts

STEP-TAPS BEHIND X 2 (RL), LINDY RIGHT

- 1-2 Step RF to right side, Tap LF toes behind R (optional shoulder shimmies)
- 3-4 Step LF to left side, Tap RF Toes behind L (optional shoulder shimmies)
- 5&6 Shuffle right, RLR
- 7-8 Rock back on LF, Recover on RF

STEP TAPS X 2 (LR), LINDY LEFT PIVOT 1/4 R

- 1-2 Step LF to left, Tap RF toes behind Left (optional shoulder shimmies)
- 3-4 Step RF to right, Tap LF toes behind Right (optional shoulder shimmies)
- 5&6 Shuffle left, LRL
- 7-8 Rock back on RF pivot 1/4 R, Recover on LF

WALK FORWARD R,L,R, KICK, SHUFFLE BACK, ROCK/RECOVER

- 1-2 Walk forward, RF, LF
- 3-4 Walk forward RF, Kick LF forward
- 5&6 Shuffle back, LRL
- 7-8 Rock back on RF, Recover on LF

K-STEP

- 1-2 Step RF diagonally forward, Touch LF beside RF
- 3-4 Step LF diagonally back, Touch RF beside LF
- 5-6 Step RF diagonally back, Touch LF beside RF
- 7-8 Step LF diagonally forward, Touch RF beside LF

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