Good Soul

Count: 64

Level: Phrased Intermediate

Choreographer: Deborah Ricagni (IT) - July 2025 Music: Carry You Home - Alex Warren

Sequence: I – A – A - B – TAG – B – A – A – B – TAG – B – F

INTRO (32 counts)

Seq. 1: (h 12:00) JAZZ BOX (R) - POINT (L) - SLIDE (L) - TOUCH (R) - HOLD

- 1-2 Cross right over left and left step back
- 3-4 Right side step and point left toe behind right
- 5-6 Left long step diagonally and drag the right next to left
- 7-8 Touch right toe next to left and hold

Seq. 2: ROCKING CHAIR (R) - PIVOT - STEP (FWD - R) - STOMP (L)

- 1-2 Right step forward and recover to left
- 3-4 Right step back and recover to left
- 5-6 Right step forward and 1/2 turn to the left
- 7-8 Right step forward and stomp left next to right

Seq. 3: (h 6:00) JAZZ BOX (R) - POINT (L) - SLIDE (L) - TOUCH (R) - HOLD

1-8 Same steps as Seq. 1

Seq. 4: ROCKING CHAIR (R) - STEP (R) - PIVOT - STEP (FWD - R) - STOMP (L)

1-8 Same steps as Seq. 2

PART A (32 counts)

Seq. 1: (TWICE) KICK BALL CHANGE (R) - ROCK STEP (R) - FULL TURN BACK

- 1&2 Right kick forward, right step together, left step together (weight on left)
- 3&4 Right kick forward, right step together, left step together (weight on left)
- 5-6 Right step forward and recover on left
- 7-8 Right step back and 1/2 turn to the right, left step forward and 1/2 turn to the right

Seq. 2: SAILOR STEP - VAUDEVILLE

- 1&2 Diagonally, cross right behind left, left next to right, right forward (weight on right)
- 3&4 Diagonally, cross left behind right, right next to left, left forward (weight on left)
- 5&6& Cross right over left, left step diagonally back, right heel forward (weight on right)
- 7&8& Cross left over right, right step diagonally back, left heel forward (weight on left)

Seq. 3: FULL TURN FWD - ROCK STEP (R) - SHUFFLE BACK (R - L)

- 1-2 Step right forward and 1/2 turn to the left - left step back and 1/2 turn to the left
- 3-4 Right step forward and recover on left
- 5&6 Right step back, left next to right, right step back
- 7&8 Left step back, right next to left, left step back

Seq. 4:1/2 TURN BACK ROCK STEP (R) - SAILOR STEP - VAUDEVILLE - SCUFF (R) - OUT (R - L)

- 1-2 1/2 turn to right back, right step, recover on left
- 3&4 Diagonally, cross right behind left, left next to right, right forward (weight on right)
- 5&6& Cross left over right, right step diagonally back, left heel forward (weight on left)
- 7&8 Right scuff, right side step, left side step

PART B (32 counts)

Seq. 1: ¼ TURN STEP (R) TOUCH – ¼ TURN STEP (L) TOUCH -- ¼ TURN STEP (R) TOUCH -- ¼ TURN





Wall: 0

STEP (L), TOUCH - HEEL JACK (TWICE)

- &1&2 ¹/₄ turn to the left, right step forward, and touch left toe next to right, ¹/₄ turn to the right, left step forward and touch right toe next to left
- &3&4 1⁄4 turn to the left, right step forward, and touch left toe next to right, 1⁄4 turn to the right, left step forward and touch right toe next to left
- &5&6 Diagonally right step back and left heel forward, right next to left
- &7&8 Diagonally left step back and right heel forward, left next to right

Seq. 2:(TWICE) JUMP KICK (R) - (TWICE) JUMP FLICK (L) - JUMP HOOK (L - R)

- 1-2 Double jump right kicks forward
- 3-4 Double back jumps with left leg lifted
- 5-6 Stomp together, jump, cross left leg lifted behind right knee
- 7-8 Stomp together, jump, cross right leg lifted behind left knee

Seq. 3: WEAVE (R) - SCISSOR CROSS - WEAVE (L) - SCISSOR CROSS

- 1&2& Right side step, cross left behind right, right side step, cross left over right
- 3&4 Right side step, left next to right, cross right over left (weight on right)
- 5&6& Left side step, cross right behind left, left side step, cross right over left
- 7&8 Left side step, right next to left, cross left over right (weight on left)

Seq.4: STEP (R) TOUCH - STEP (L) TOUCH - (TWICE) ROCK BACK STOMP - STOMP FWD (R - L)

- &1&2 Right side step and touch left toe next to right, left side step and touch right toe next to left
- 3-4 Jump right step back and left kick forward, recover on left and stomp right
- 5-6 Jump right step back and left kick forward, recover on left and stomp right
- 7-8 Right stomp forward, left stomp forward

TAG (12 counts)

Seq.1:(TWICE) KICK (R) - COASTER STEP - (TWICE) KICK (L) - COASTER STEP

- 1-2 Double right kick forward
- 3&4 Right step back, left step back next to right, right step forward
- 5-6 Double left kick forward
- 7&8 Left step back, right step back next to left, left step forward

Seq.2: SLIDE (R) - TOUCH - SLIDE (L) - TOUCH

- 1-2 Long right side step and drag left toe to right
- 3-4 Long left side step and drag right toe to left

FINAL (16 counts)

Seq. 1: JAZZ BOX (R) - POINT (L) - SLIDE (L) - TOUCH (R) - HOLD

1-8 Same steps as INTRO Seq. 1

Seq. 2: ROCKING CHAIR (R) - PIVOT (TWICE)

- 1-2 Right step forward and recover on left
- 3-4 Right step back and recover on left
- 5-6 Right step forward and ½ turn to the left
- 7-8 Right step forward and ½ turn to the left