Soul in My Feet

Count: 32

Level: Absolute Beginner

Choreographer: Helaine Norman (USA) - July 2025

Music: CAN'T STOP THE FEELING! - Justin Timberlake

INTRO: 16

Optional tag on wall 5 facing 12:00 after 16 counts No tags

Note: Good floor split for So Just Dance Dance Dance ! by Jose Miguel Belloque Vane (NL) & Guillaume Richard (FR)

I. MOVING FORWARD: POINT TO SIDE, STEP OVER X4

1-4	Point R side, step R over (or forward), point L side, step L over (or forward)
5-8	Point R side, step R over (or forward, point L side, step L over (or forward)

II. MOVING BACK: BACK, KICK X4

1-4 Walk R back, kick L forward, walk L back, kick R forward

5-8 Walk R back, kick L forward, walk L back, kick R forward

Suggested styling for steps back: Toe struts

Suggested styling for kicks: Raise both arms up and/or up and out diagonally with finger spread apart on the kicks

• Optional restart on wall 5 facing 12:00 (first time you return to 12:00)

III. SIDE, CROSS, SIDE, KICK DIAGONALLY X2

1-4 Step R side, step L over, step R side, kick L to left diagonal

5-8 Step L side, step R over, step L side, kick R to right diagonal

Optional instead of kick to the diagonal: Touch heel to the diagonal or scuff heel to the diagonal

IV. ¼ R-TURN K-STEP

1-2 Step R forward to right diagonal, touch L together

- 3-4 Step L back to center, touch R together
- 5-6 Making ¼ turn right step R side (3:00), touch L together
- 7-8 Step L side, touch R together

REPEAT

Optional restart: After 16 counts during wall 5 (first time you return to) 12:00

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Last Update: 16 Jul 2025





Wall: 4