

# Paradise--How Long?

**COPPER KNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Sue Korek (USA) - July 2025

**Music:** Adventures In Paradise - Ace of Base

or: How Long - Ace



---

## Alternate Music:

How Long -- Ace (20 September 1974) Intro: on lyrics "How long...", bpm=123

**Intro: 32 counts**

### Section 1 (SHUFFLE FWD, ROCK FWD, RECOVER, WALK BACK L R, COASTER STEP)

1&2            Shuffle forward RLR  
3-4            Rock L forward, recover R  
5-6            Step L back, step R back  
7&8            Step L back, step R beside L, step L forward

### Section 2 (TWO KICK BALL CHANGES, V-STEP)

1&2            Kick R diagonally right forward, recover R, step L beside R  
3&4            Kick R diagonally right forward, recover R, step L beside R  
5-6            Step R diagonally right, step L diagonally left  
7-8            Step R back, step L back

### Section 3 (BACK TOUCH/LEAN, STEP FWD BRUSH, STEP BOUNCE HEELS 3X 1/4 TURN LEFT)

1-2            Step R back, slight lean back while touching L beside R  
3-4            Step L forward, brush R  
5-8            Step R forward, bounce both heels 3 times while making a 1/4 turn left

### Section 4 (FORWARD RIGHT RUMBA BOX WITH HOLDS)

1-2            Step R to right side, step L beside R  
3-4            Step R forward, hold  
5-6            Step L to left side, step R beside L  
7-8            Step L back, hold

**Contact:** suekorek@gmail.com

**Last Update:** 17 Jul 2025

---