

Only Way is Through

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Nancy Dow (USA) - July 2025

Music: Through - Fancy Hagood



INTRO: 16 counts

No Tags or Restarts – Keep dancing through the brief music break

No Syncopation

SEC 1 [1-8] R Vine, L brush, L Vine with ¼ turn L, Hold (or R brush)

- 1-2-3-4 Step RF to right side (1), step LF behind right (2), step RF to right side (3), brush LF beside right (4)
- 5-6-7-8 Step LF to left side (5), step RF behind left (6), turn ¼ left stepping LF forward (7), hold (or brush RF beside left (8) (9:00)

SEC 2 [9-16] Step R Fwd, Hold, Pivot ½ turn L, Hold, Step R Fwd, Hold, Pivot ½ turn L, Hold

- 1-2 Step RF forward (1), hold (2)
- 3-4 Turn ½ left (shift weight onto LF) (3), hold (4) (3:00)
- 5-6 Step RF forward (5), hold (6)
- 7-8 Turn ½ left (shift weight onto LF) (7), hold (8) (9:00)

SEC 3 [17-24] (K-Step) Diagonal Step Touches w/claps (or finger snaps, slap thighs, nothing - you choose)

- 1-2 Step RF forward to right diagonal (1), touch LF beside right (clap) (2)
- 3-4 Step LF back to left diagonal (3), touch RF beside left (clap) (4)
- 5-6 Step RF back to right diagonal (5), touch LF beside right (clap) (6)
- 7-8 Step LF forward to left diagonal (7), touch RF beside left (clap) (8)

SEC 4 [25-32] (V-Step) Out, Out, In, In, R Heel, Together, L Heel, Together

- 1-2 Step RF forward to right diagonal (1), step LF forward to left diagonal (2)
- 3-4 Step RF back to center (3), step LF beside right (4)
- 5-6 Touch right heel forward (5), step RF beside left (6)
- 7-8 Touch left heel forward (7), step LF beside right (8)

Dedicated to my son, Josh Snell.

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