

Hate Myself In the Morning

COPPER **NOB**
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Peter Davenport (ES) - July 2025

Music: I May Hate Myself In The Morning - Kalsey Kulyk



#16 Count Intro, Start On Lyrics, Track Length 3.44

No Tags No Re-Starts

S1 Side Together, Shuffle Forward, Side Together, Shuffle Forward

- 1.2 Step R to R, Bring L to R 12
- 3&4 Shuffle forward R.L.R 12
- 5.6 Step L to L, Bring R to L 12
- 7&8 Shuffle forward L.R.L 12

S2 Rocking Chair, Jazz Box 1/4 R

- 1.2 Rock R forward, Replace weight back on L 12
- 3.4 Rock R back, Replace weight back on L 12
- 5.6 Cross R over L, 1/4 R step L back 3
- 7.8 Step R to R, Cross L over R 3

S3 Side Rock, Cross Shuffle, Side Rock, Behind Side Cross

- 1.2 Rock R out to R, Replace weight back on L (angle body L) 3
- 3&4 Cross R over L, Step L to L, Cross R over L 3
- 5.6 Rock L out to L, Replace weight back on R 3
- 7&8 Cross L being R, Step R to R, Cross L over R 3

S4 Monterey 1/4 Cross, Side Rock Turn 1/4 L, Kick Ball Step

- 1.2 Touch R out to R, 1/4 R bring R to L 6
 - 3.4 Touch L out to L, Cross L over R 6
 - 5.6 Rock R out to R, 1/4 L step L forward 3
 - 7&8 Kick R forward, Step down on ball of R, Step L forward 3
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