

You Can't Stop This

Count: 32

Wall: 4

Level: Improver

Choreographer: Lorenz Schmitt (DE) - July 2025

Music: You Can't Stop This - Alex Warren



[1-8] Shuffle R, Rock Back, Shuffle L, Rock Back 1/4 Turn R

- 1&2 Step RF to R, Close LF beside RF, Step RF to R
- 3-4 Rock LF Back, Recover on RF
- 5&6 Step LF to L, Close RF beside LF, Step LF to L
- 7-8 Rock RF Back 1/4 Turn R, Recover on LF (03:00)

[9-16] Cross Point 2x, Jazz Box Cross 1/4 Turn R

- 1-2 Cross RF over LF, Point LF to L
- 3-4 Cross LF over RF, Point RF to R
- 5-8 Cross RF over LF, Step LF back, Step RF to R 1/4 Turn R, Cross LF over RF (06:00)

[17-24] Side Rock, Cross Shuffle L, Side Rock, Behind Side Cross

- 1-2 Rock RF to R, Recover on LF
- 3&4 Cross RF over LF, Step LF to L, Cross RF over LF
- 5-6 Rock LF to L, Recover on RF
- 7&8 Cross LF behind RF, Step RF to R, Cross LF over RF

[25-32] Point, Hitch Turn 1/4 L, Pivot 1/2 L, Step, Coaster Step, Touch

- 1-2 Point RF to R, Hitch R Knee up Turn 1/4 L (03:00)
- 3-4 Step RF fwd, Pivot 1/2 L (09:00)
- 5 Step RF fwd
- 6&7 Step LF back (in Place), Close RF beside LF, Step LF fwd
- 8 Touch RF beside LF

Start Again

Restart in wall 8

Dance the first 8 count without the 1/4 Turn R on the Rock Step then Restart

- 1-8 Shuffle R, Rock Back, Shuffle L, Rock Back -> Restart