

Hot & Heavy

COPPER KNOB
STEPPERS

Count: 32

Wall: 4

Level: Improver

Choreographer: Alexandre Beauregard (CAN) & Ashley Pelletier (CAN) - July 2025

Music: Hot & Heavy - Tyla Rodrigues



INTRO: 8 counts

Tag after 24 counts wall 8 facing 6 o'clock

Bridge right after tag facing

Finale right after the bridge

[1-8] WALK, WALK, OUT, OUT, IN, IN, ¼ PADDLE LEFT, FWD, TOUCH

1-2 Step RF Fwd, Step LF fwd,

&3&4 Step RF right, Step LF left, step RF to center, step LF next to right

5-6 Keeping weight on LF touch R toes fwd, push off and ¼ turn left

7-8 Step RF fwd, touch L toe behind RF

[9-16] BACK-LOCK-BACK, TOE, UNWIND ½ TURN RIGHT, STEP FWD, KICK, OUT, OUT, FLICK

1&2 Step LF back, step RF crossed in front of left, step LF back

3-4 R toe back, pivot ½ turn right and drop weight on RF

5-6 Step LF fwd, Kick RF fwd

&7&8 RF back right, LF back left, RF to center, LF next to right

[17-24] SIDE, BEHIND, SIDE, HEEL & CROSS, BACK ¼ TURN R, STEP ¼ TURN RIGHT, CROSS SHUFFLE

1-2& RF to right, LF crossed behind right, RF right

3&4 L Heel diagonal left, LF next to right, cross RF in front of left

5-6 Step LF back ¼ turn right, Step RF right ¼ turn right

7&8 cross LF in front of right, RF right, cross LF in front of right

Tag Here on wall 8 facing 6 o'clock followed by the bridge and finale

[25-32] STOMP R, HOLD, STOMP LEFT, HOLD, STEP FWD, BOUNCE TWICE W/ ½ TURN LEFT, FLICK BACK

1-2 Stomp RF right, hold

3-4 Stomp LF left, hold

5-6 RF fwd, bounce heels ¼ turn left

7-8 Bounce heels ¼ turn left, flick RF behind

TAG – On wall 8 after 24 counts of the dance add the following counts

[1-8] STOMP. HOLD, STOMP HOLD

1-4 Stomp RF to right, Hold

5-8 Stomp LF to left, Hold

BRIDGE – Dance counts 25-32

FINALE

[1-8] WALK, WALK, OUT, OUT, CROSS, UNWIND FULL/DOUBLE SPIN or STOMP & HOLD

1-2 Step RF fwd. step LF fwd

&3&4 Step RF right, Step LF left, step RF to center, step LF next to right

5 Cross RF in front of left

6-8 Unwind slow full or quick double turn to the left

****Stomping option*****

During finale, on count 5 stomp RF fwd and hold until music ends

