

# Love Me or Leave Me

**COPPER KNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 2

**Level:** Absolute Beginner

**Choreographer:** Linda Nyholm (CAN) - July 2025

**Music:** Love Me or Leave Me - Rod Stewart



I slowed music 5% for my beginners class

No tags, no restarts

## SECTION 1 RIGHT ROCKING CHAIR, RIGHT FORWARD LOCK

1-2-3-4 Rock right fwd, recover to left, rock right back, recover to left

5-6-7-8 Step right fwd, lock left in behind, step right fwd, scuff left fwd

## SECTION 2 LEFT ROCKING CHAIR, LEFT FORWARD LOCK

1-2-3-4 Rock fwd left, recover to right, rock back left, recover to right

5-6-7-8 Step left fwd, lock right in behind, step left fwd, scuff right fwd

## SECTION 3 ROCK FORWARD, RECOVER—2 BACK STRUTS, ROCK BACK RECOVER

1-2-3-4 Rock right fwd, recover to left, Step back on right toe, drop heel

5-6-7-8 Step back on left toe, drop heel, rock back right, recover to left

## SECTION 4 MONTEREY 1/4 RIGHT X2

1-2-3-4 Point right to side, step right, turning 1/4 to right, point left to side, step left beside right (3)

5-6-7-8 Point right to side, step right, turning 1/4 to right, point left to side, step left beside right