

I Can't Lose

Count: 32

Wall: 4

Level: Beginner

Choreographer: Barbara Kremm (USA) - July 2025

Music: I Can't Lose - Jonas Brothers



Dance starts 50 counts in on "Lose"

*1 Tag Wall 6

*1 Restart Wall 6

This dance is syncopated perfectly with the music so you'll hear the natural place for a tag and the restart

#1st 8 count- R- Rock, L-Vine, L-Rock, R-Vine

- 1,2,3,&,4 Rock RF to right side(1), recover on LF(2), step RF behind LF(3), step LF beside RF(&), step RF in front of LF(4)
- 5,6,7,&,8 Rock LF to left side(5), recover on RF(6), step LF behind RF(7), step RF beside LF(&), step LF in front of RF(8)

#2nd 8 count- Heel Taps, Toe Taps, R-Rocking Chair

- 1,&,2,&,3,&,4,& Tap RF heel forward(1), return RF to center(&), tap LF heel forward(2), return LF to center(&), tap RF toe beside LF(3), return RF to center(&), tap LF toe beside RF(4), return LF to center(&)
- 5,6,7,8 Step RF forward(5), recover on LF(6), step back on RF(7), recover on LF(8)
- Tag Here Wall 6 (facing 6:00 wall)= 2 Left ½ Turns (at pause of music) Restart Here (still wall 6), when singing resumes

#3rd 8 count- R-Step, Pivot ½ L-Turn, Shuffle, L-Step, Pivot ½ R-Turn, Shuffle

- 1,2,3,&,4 Step RF forward(1), pivot ½ turn to left (6:00 wall)(2), step RF forward(3), step LF beside RF(&), step RF forward(4)
- 5,6,7,&,8 Step LF forward(5), pivot ½ turn to right(12:00 wall)(6), step LF forward(6), step RF beside LF(&), step LF forward(8)

#4th 8 count- Jazz Box to R-¼ Turn, ½ Turn L x2

- 1,2,3,4 Step RF forward over LF(1) step LF back while turning right(3:00)(2), step RF back(3), step LF beside RF(4)
- 5,6,7,8 Step RF forward(5), pivot to left ½ turn (9:00 wall)(6), step RF forward(7), pivot left 1/2 turn(8) (3:00 wall)

Alternatively you can do another Jazz Box Square if you prefer not to do the two half turns
Start over and Enjoy!!

I'd LOVE your 5 Star Votes and to see your videos!!!!

Let me know what you think..

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