

A Bar Song

Count: 64

Wall: 4

Level: Improver

Choreographer: Michelle Armstrong (CAN) - July 2025

Music: A Bar Song (Topsy) - Shaboozey



32 count intro, Double Time at 162 bpm

LINDY R and L

- 1&2 R to the side, close L beside R, R to the side (skipping motion)
- 3-4 Rock Recover: L diagonally behind Right. Weight transfers to L and then back to R
- 5&6 L to the side, close R beside L, L to the side (skipping motion)
- 7-8 Rock Recover: R going diagonally behind Left. Weight transfers to R and then back to L

TOE STRUTS, SHUFFLES, ½ TURN PIVOTS

- 1-4 Step R toe fwd, drop to heel, Step L toe fwd, drop to heel
- 5&6 Shuffle fwd – R,L,R
- 7-8 Step fwd with L, pivot ½ turn to the L

TOE STRUTS, SHUFFLES, ½ TURN PIVOTS

- 1-4 Step L toe fwd, drop to heel, Step R toe fwd, drop to heel
- 5&6 Shuffle fwd – L,R,L
- 7-8 Step fwd with R, pivot ½ turn to the R

SWIVELS TO THE RIGHT, HEELS

- 1-4 Keeping feet together, swivel both heels to the R, then toes, then heels, then toes
- 5-8 R heel fwd on slight diagonal, return beside L foot. L heel fwd on slight diagonal, return beside R

SWIVELS TO THE LEFT, HEELS

- 1-4 Keeping feet together, swivel both heels to the L, then toes, then heels, then toes
- 5-8 R heel fwd on slight diagonal, return beside L foot. L heel fwd on slight diagonal, return beside R

TOE HEEL CROSS

- 1-2 Turning R knee in, Tap R toe down, Turning R knee out, Tap R heel down
- 3-4 Cross R over L, transferring weight to R and hold
- 5-6 Turning L knee in, Tap L toe down, Turning L knee out, Tap L heel down
- 7-8 Cross L over R, transferring weight to L and hold

VINES R and L, ¼ TURN TO L, SCUFF

- 1-4 Step R to the side, L crosses behind R, R to the side, Touch L beside R
- 5-8 Step L to the side, R crosses behind L, L to the side, Turning ¼ to the L, Scuff R beside L

JAZZ BOX, HEELS

- 1-4 Cross R over L, step L back, step R to the side, close L beside R
- 5-8 R heel fwd on slight diagonal, return beside L foot. L heel fwd on slight diagonal, return beside R

Song ends on count 36, Wall 7 (2nd time at 6 o'clock)

If you want to end on the front Wall, when you reach Wall 7, dance the first 32 counts, then

- 1-2 Swivel heels then toes to the L
- 3-4 Cross R over L, 1/2 turn pivot to the front wall

