

# The Reins

**COPPER KNOB**  
STEPPERS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Marilyn Castagna (CAN) - July 2025

Music: The Reins - Lori Kole



Intro: 16 counts

Two Restarts after 16 counts: Wall 2 (3:00), Wall 6 (12:00)

## Section 1: Side Shuffle, rock back, recover x 2 (Lindy Right, Lindy Left)

- 1 & 2 Step right to right, step left beside right, step right to right
- 3 – 4 rock back on left behind right, recover on right
- 5 & 6 Step left to left, step right beside left, step left to left
- 7 – 8 rock back on right behind left, recover on left

## Section 2: K step with claps on touches

- 1 - 2 Step right forward to R diagonal, touch left next to R
- 3 – 4 Step left back to L diagonal, touch right next to L
- 5 - 6 Step right back to R diagonal, touch left next to R
- 7 – 8 Step left forward to L diagonal, touch right next to L

Restart Here: wall 2 (3:00), wall 6 (12:00)

## Section 3: Step Turn Shuffles

- 1 – 2 Step right forward, turn  $\frac{1}{2}$  to left (weight on left)
- 3 & 4 Shuffle right forward (R,L,R)
- 5 – 6 Step left forward, turn  $\frac{1}{2}$  to right (weight on right)
- 7 & 8 Shuffle left forward (L,R,L)

## Section 4: $\frac{1}{4}$ Monterey, Rocking Chair

- 1 – 2 Point right to side, step right  $\frac{1}{4}$  right
  - 3 – 4 Point left to side, step left beside right
  - 5 – 6 Rock right forward, Recover on left
  - 7 – 8 Rock right back, Recover on left
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