

Danced Myself Sober (DMS)

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Carole Daugherty (USA) - July 2025

Music: Drank Myself Sober - The Family Tradition Band



Intro: Begin all song options with vocals

Phrasing: 4 ct Tag done twice

Optional Music: Honky Tonk Mood by Cody Johnson 160 bpm Tag: Insert 4 ct V step after 8th wall facing 12:00

No Tag Option: Hard Workin' Man By Brooks & Dunn 152 bpm, kept simpler by choosing not to alter phrasing

Sec 1 Right Diag Kick, Back-Side-Cross, Left Diag Kick, Back-Side-Cross

1,2,3,4 Kick R ft diagonally R (1) Step R ft behind L ft (2) Step L on L ft (3) Step R ft fwd across L (4)
5,6,7,8 Kick L ft diagonally L (5) Step L ft behind R ft (6) Step R on R ft (7) Step L ft fwd across R (8)
[12:00]

Sec 2 Stomp Heel Toe Swivels to Right, L ¼ Stomp Heel Toe Swivels to Left

1,2,3,4 Stomp R ft diagonally fwd R (1) Turn Left heel toward R ft (2) Turn Left toes to R ft (3) Turn R heel to R ft (4)
5,6,7,8 Turning ¼ L, Stomp L ft fwd (5) Turn R heel toward L ft (6) Turn R toes toward L ft (7) Turn R heel toward L ft (8) [9:00]

Sec 3 Chugs: Step R, Hitch L, Step L, Step R Together, Mirror w/Right ft Lead

1,2,3,4 Step R ft fwd (1) Hitch L knee (2) Step L ft back (3) Step tog w R ft (4)
5,6,7,8 Step L ft fwd (5) Hitch R knee (6) Step R ft back (7) Step tog w L ft (8)

Sec 4 Stomp R Fwd w Hold, Stomp L Fwd w/ Hold, Walk Fwd R, L, R, L

1,2,3,4 Step R ft fwd (1) Hold (2) Stomp L ft fwd (3) Hold (4)
5,6,7,8 Step/Stomp/Boogie walk fwd R (5) L (6) R (7) L (8) [9:00]

TAG w/DMS add 4 Ct V Step

1. Insert V step 1st after wall 2 facing 6:00

2. Insert V step 2nd time after wall 6 facing 6:00.

1,2,3,4 Step fwd diagonally on R (1) Step fwd diagonally on L (2)

Step R ft home (3) Step L ft home (4)

Enjoy Every Dance!