

G-O-O-D L-I-F-E

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 2

Level: Beginner

Choreographer: Frederick Hodgkin (USA) - 24 June 2025

Music: The Good Life - Belot



16 count intro. No tags. No restarts. Optional Arm Styling During Chorus (Walls 3,6,8,9) when singer spells words out.

[1-8] V-Step, Lock Step, Kick

1,2 Step R Forward onto R Diagonal (1), Step L Forward onto L Diagonal (2). (12:00)

3,4 Step R Back to Center (3), Step L Next to R (4) (12:00)

5,6 Step R Forward (5), Lock L Behind R (6) (12:00)

7,8 Step R Forward (7), Kick L Forward (8) (12:00)

Arm Styling: [1-4] R Arm Out (1), L Arm Out (2), R Arm In (3), L Arm In (4)

[9-16] Forward, Touch, Back, Touch, ¼ Pivot Turns (x2)

1,2 Step Forward L (1), Touch R Behind L (2) (12:00)

3,4 Step Back R (3), Touch L in Front of R (4) (12:00)

5,6 Step Forward L (5), Turn ¼ R and Step R to Side (6) (9:00)

7,8 Step Forward L (7), Turn ¼ R and Step R to Side (8) (6:00)

Arm Styling: [9-12] Hold L Arm Out and Roll R Arm in Two Circles Toward L Arm (1) (2), Roll R Arm in Two Circles Away From L Arm (3) (4).

[17-24] Forward Walks (x3) w/ ¼ Turn, Kick, Back Walks (x4)

1,2 Walk Forward L w/ Slight Turn to Left (1), Walk Forward R w/ Slight Turn Left (4:30)

3,4 Walk Forward L w/ Slight Turn to Left (3), Kick R Forward (4) (3:00)

5,6 Walk Back R (5), Walk Back L (6) (3:00)

7,8 Walk Back R (7), Walk Back L (8) (3:00)

Arm Styling: [17-20] Point R Out and Forward (1), Point L Arm Out and Forward (2), Repeat Point R (3), Repeat Point L (4)

[25-32] ¼ Turn Side, Touch, Side, Brush, Cross, Together, Knee Bounces (x2)

1,2 Turn ¼ Right and Step R to Side (1), Touch L to R (2) (6:00)

3,4 Step L To Side (3), Brush R over L (4) (6:00)

5,6 Cross R Over L (5), Step L Next to R (6) (6:00)

7,8 Bounce Knees (7), Bounce Knees (8) with weight ending on L (6:00)

Arm Styling: [25-28] Hold L Arm Up and Side with Elbow Bent and R Arm Forward in Ballroom Dancing "Frame" (1) (2) (3) (4).

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