

Backup Plan

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Lauren Lindley (USA) - July 2025

Music: Backup Plan - Bailey Zimmerman & Luke Combs



Jump back right/left, shoulder roll, cross behind, full turn counter-clockwise

- 1-2 Jump back to step R then step L (12:00)
- 3-4 Shoulder roll: start with right shoulder, arch back to roll around to end with left shoulder (12:00)
- 5-6 Jump onto R, cross behind with L (12:00)
- 7-8 Full turn counter-clockwise (12:00)

Heel grind switches

- 1-2 R heel grind with a $\frac{1}{4}$ turn right (3:00)
- 3-4 Switch L heel then R heel (3:00)
- 5-6 L heel grind with a $\frac{1}{4}$ turn left (12:00)
- 7-8 Switch R heel then L heel (12:00)

Scuff, step, heel, toe, hitch, tap, kick, tap, tap

- 1-2 Scuff R heel and step on R (12:00)
- 3-4 Left foot swivels in with heel then toe to come close to right foot (12:00)
- 5-6 Hitch L with a $\frac{1}{8}$ turn right, tap back with L (1:30)
- 7-8 Kick L, step back L, step back R next to L (1:30)

Step, tap, tap, hitch, walk, walk

- 1-2 Step L, tap in R next to L (1:30)
- 3-4 Tap back with R (1:30), hitch R with a $\frac{1}{2}$ turn right (7:30)
- 5-6 Walk R with a $\frac{1}{8}$ turn right (9:00)
- 7-8 Walk L (9:00)

Restart 1: Wall 5 after 3rd 8-count

Restart 2: Wall 9 after 1st 8-count

YouTube: @LaurenLindleyLineDancing
