

Clap Snap

Count: 288

Wall: 1

Level: Phrased Chair Dance

Choreographer: Helen Woods (USA) - July 2025

Music: Clap Snap - Icona Pop



Sequence: A B C A B C A B- A B C

SECTION A - Side Touches Followed by Arm and Hand Movements

- 1-2 Touch right foot to right side, step right foot beside left
- 3-4 Touch left foot to left side, step left foot beside right
- 5-8 Touch right foot to right side, touch right foot beside left, touch right foot to right side, step right foot beside left
- 9-10 Touch left foot to left side, step left foot beside right
- 11-12 Touch right foot to right side, step right foot beside left
- 13-16 Touch left foot to left side, touch left foot beside right, touch left foot to left side, step left foot beside right
- 17-18 Touch right foot to right side, step right foot beside left
- 19-20 Touch left foot to left side, step left foot beside right
- 21-22 Touch right foot to right side, step right foot beside left
- 23-24 Touch left foot to left side, step left foot beside right
- 25-32 Bend elbows to raise hands to shoulder level with palms facing one another, then move palms toward one another with finger tips leading in and then away from one another with finger tips leading out as arms move upward

SECTION B - Stomping and Marching with Claps and Snaps

- 1-2 Stomp right foot, stomp left foot
- 3-4 Clap hands like dusting (one hand moves down as the other moves up), clap hands
- 5-6 Stomp right foot, stomp left foot
- 7-8 Clap hands, snap fingers
- 9-16 Repeat 1-8
- 17-18 March right foot, march left foot clapping hands
- 19-32 Repeat 17-18 seven more times

SECTION B - Stomping with Claps and Snaps

- 1-16 Same as first 16 counts of Section B

SECTION C - Rhythmic Arms

- 1-2 Raise right forearm (like a bicep curl), raise left forearm as right forearm lowers
 - 3-4 Raise and then lower right forearm twice
 - 5-6 Raise left forearm, raise right forearm as left forearm lowers
 - 7-8 Raise and then lower left forearm twice
 - 9-32 Repeat 1-8 three more times
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