

# Afterlife

**COPPER** KNOB  
STEPPERS

Count: 32

Wall: 4

Level: Improver

Choreographer: Rémi Vingert (FR) - July 2025

Music: Afterlife - Michael Schulte



Start the dance after 8 counts (together with lyrics)

## Section 1 [1-8]: STEP SIDE, SAILOR HEEL STEP, BRUSH, R HELL GRIND 1/4, COASTER STEP

- 1-2&3&4 Step R to R side (1), cross L over R (2), step R to R side (&), heel L to L Side (3), recover L to L 5-6 Rock fwd on R heel twisting R toe from L to R making ¼ turn R (5) 3:00, recover on L (6)
- 7&8 Step R back (7), step L beside R (&), step R fwd (8)

## Section 2 [9-16]: ROCK STEP FWD, SHUFFLE BACK, ROCK BACK, FULL TURN

- 1-2 Rock L fwd (1), recover back on R (2)
- 3&4 Step back on L (3), step R next to L (&), step back on L (4)
- 5-6 Rock R back (5), recover fwd on L (6)
- 7-8 Make ½ turn L stepping back on R 9:00 (7), make ½ turn L stepping fwd on L 3:00 (8)

[Easy Option: step R fwd (7), step L fwd (8)]

\*Restart the dance here in wall 3 (9:00) and wall 7 (3:00)

## Section 3 [17-24]: SIDE ROCK, BEHIND, SIDE, CROSS, SIDE ROCK, BEHIND, SIDE, CROSS

- 1-2 Rock R to R (1), recover on L (2)
- 3&4 Cross R behind L (3), Step L to L (&), Cross R over L (4)
- 5-6 Rock L to L (5), recover on R (6)
- 7&8 Cross L behind R (7), Step R to R (&), Cross L over R (8)

## Section 4 [25-32]: ROCK STEP FWD, ROCK STEP FWD, SHUFFLE BACK, UNWIND 1/2

- 1-2& Rock Fwd on R (1), recover on L (2), close R next to L (&)
- 3-4 Rock fwd on L (3), recover on R (4)
- 5&6 Step back on L (5), step R next to L (&), step back on L (6)
- 7-8 Touch R back (7), 1/2 turn R and stay on the weight L 9:00 (8)

At the end of the dance:

Change 31-32 counts with touch back and 1/4 turn recover on L side.

And this the same moment, with the arms:

Catch with the right hand to the left of the body "life", then place it on the heart with the closed fist of the right hand and release it to the right of the body by opening the right hand.

And start dancing again with the smile!

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