Aloha Heja He



Count: 32 Wall: 4 Level: Improver

Choreographer: Diana Liang (CN) - July 2025

Music: Aloha Heja He - Achim Reichel



Restarts, Intro 32

S1: Vine R Scuff, Vine L Scuff

step Rf to R, step Lf behind Rf, step Rf to R, scuff Lf forward
step Lf to L, step Rf behind Lf, step Lf to L, scuff Rf forward

Restart here during W6/W9/W13 with step change of touching Rf next to Lf on the 8th C

S2: Cross 1/8R Back, 1/8R Coaster, Forward 3/8L Back, 1/8L Coaster

1-2 cross Rf over Lf, turn1/8 to R stepping Lf back, 1:30H

3&4 turn 1/8 to R stepping Rf back, 3H, step Lf next to Rf, step Rf forward

5-6 step Lf forward, turn 3/8 to L stepping Rf back, 10:30

7&8 turn 1/8 to L stepping Lf back, 9H, step Rf next to Lf, step Lf forward

Restart here during W3/W11

End here during W16 after adding 2C of step Rf forward then turning 1/4 to R while pointing Lf to L

S3: Cross Point RL, Jazzbox Cross

1-2 cross Rf over Lf, point Lf to L3-4 cross Lf over Rf, point Rf to R

5-8 cross Rf over Lf, step Lf back, step Rf to R, cross Lf over Rf

S4: Side Touch RL, Rolling Hips anti-clockwise x 2

1-2 step Rf to R, touch Lf to L3-4 step Lf to L, touch Rf to R

Optional styling: on 2/4C click fingers or do shimmy

5-6 roll hips from L - backwards - R with weight transfer to Rf, roll hips from R - front - L with

weight transfer back to Lf

7-8 roll hips from L - backwards - R with weight transfer to Rf, roll hips from R - front - L with

weight transfer back to Lf while touching Rf next to Lf

Thanks and happy dancing!

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