

New Heart EZ

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Heidi Cronjé (SA) - July 2025

Music: New Heart - Crash Adams



Intro: About 5 secs (Start on the word "doctor")

SECTION 1: FWD LOCK STEP, SCUFF, FWD LOCK STEP, SCUFF

- 1-4 Step R fwd, Lock L behind R, Step R fwd, Scuff L fwd
5-8 Step L fwd, Lock R behind L, Step L fwd, Scuff R fwd

SECTION 2: FWD, ½ PIVOT TURN, FWD, HOLD, FWD, ½ PIVOT TURN, FWD, HOLD

- 1-4 Step R fwd, Turn ½ L (weight on L), Step R fwd, Hold
5-8 Step L fwd, Turn ½ R (weight on R), Step L fwd, Hold

SECTION 3: R VINE, TOUCH, ¼ L VINE, SCUFF

- 1-4 Step R side, Cross L behind R, Step R side, Touch L next to R
5-8 Step L side, Cross R behind L, Turn ¼ L and step L fwd, Schuff R

SECTION 4: ROCKING CHAIR, 3 X HEEL BOUNCES (½ TURN), FLICK

- 1-4 Rock R fwd, Recover L, Rock R back, Recover L
5& Cross L over R and bounce heels up & down
6& Turn ¼ L and bounce heels up and down,
7& Turn ¼ L and bounce heels up and down
8 Flick R behind L (optional: do a slight jump with L while flicking R)

Tag (4C): At the end of wall 10 (facing 06:00)

- 1-4 Step R fwd, Hold, Step L fwd, Hold

Start Again.

Have fun and enjoy!

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