

# Feeling It

COPPER KNOB  
BY SHEETS

Count: 32

Wall: 2

Level: Phrased Intermediate

Choreographer: Marco Hsu (USA) - July 2025

Music: Make Me Feel - Janelle Monáe



## # Abbreviation

R: Right

L: Left

## === Primary ===

### # [P1]: 1st eight count

[12:00]

- 1 2 R heel grind to the R [1:30] (Alternative move: Two kicks with R foot )  
3&4 L-diagonal rock back with R foot (3), recover (&), pause (4)  
&5& L-diagonal rock back with R foot (&), recover (5), pause (&)  
6 Turn to the L with R foot hitched [9:00]  
7&8 Triple forward steps beginning with R

### # [P2]: 2nd eight count

count 1-4 walk a half circle, beginning with [9:00], ending [3:00]

- 1 2 Step forward L, step forward R  
3&4 Triple forward steps beginning with L  
5678 Rock forward with R foot (5), recover with L foot (6), step backward with R foot (7), step backward with L foot (8)

### # [P3]: 3rd eight count + 1st count of the 4th eight count

- &1&2 Turn 1/8 L stepping R foot to the R [11:00] (&), step L foot beside R foot (1), pop knees forward (&), return knees [11:00] (2)  
3&4 Kick L foot to the L (3), step L foot beside R foot (&), cross R foot to the L from the front (4)  
56 Step L foot to the left towards [12:00] (5), back cross R foot to the L from behind (6)  
781 Step L foot to the left pointing [12:00], but still facing [3:00] (7), turn 1/2 L with R foot step beside L foot and face [9:00] (8), turn 1/2 L with weight on the L and R foot hitched [3:00] (1)

### # [P4]: 4th eight count

- 23&4 Turn 1/4 R step R foot forward [6:00] (2), pivot turn to the R with L foot [12:00] (3), step R foot forward (&), step L foot forward (4).  
56 Step R foot forward and turn 1/4 L (5), step L foot beside R foot in place (6) [9:00]  
78 Step R foot forward and turn 1/4 L (7), step L foot beside R foot in place (6) [6:00]

## === Variation ===

### # [V1a]: 1st eight count variation

- 1234 Step on the L foot, swipe the R foot clockwise from front to back (12). Step on the R foot, swipe the L foot counterclockwise from front to back (34).  
5 Turn 1/4 to the R with R foot [3:00].  
6-8 Same as P1.

### # [V1b]: 1st eight count variation

- 1234 Walk either in place or forward on every count, starting with R foot. At the same time, Vogue with hands.  
5 Turn 1/4 to the R with R foot [3:00].  
6-8 Same as P1.

### # [V4]: 4th eight count variation

23&4            No variation  
5                Keep turning to face [6:00] with a pose  
678             Pause with pose

**=== Tag ===**

**8-count:**

12              Rotate R hand outward beside to your R face (1), flick R hand finger (2)  
345678        repeat.

**=== Music structure ===**

**Music structure is AAB AAB AAAB AAB.**

**The motives for A and B are different. In B, there is a natural pause in the music. The A following B always has variation on the first 4 counts.**

(16-count intro)

[A] P1-P4

[A] P1-P4

[B] V1a, P2-P3, V4

[A] V1b, P2-P4

[A] P1-P4

[B] V1a, P2-P3, V4

[A] V1b, P2-P4

[A] P1-P4

[A] P1-P4

[B] V1a, P2-P3, V4

[Tag]

[A] P1-P4

[A] P1-P4

[end] V1b (only 5 counts)

Last Update: 28 Jul 2025

---