And I'll Survive



Count: 32 Wall: 4 Level: Beginner

Choreographer: Adelaine Ade (INA) - July 2025

Music: I Will Survive (FÄT TONY Remix) (Mixed) - Gloria Gaynor



NO TAG NO RESTART

S1. HIPS BUMP 4X (R - L)

1 - 4 Step RF to R side, Hip bump to the right 4x
5 - 8 Step LF to left side, Hip bump to the left 4x

S2. ROLLING VINE TO RIGHT - BEHIND TOUCH (L - R)

1 - 2	Turn ¼ to right then RF step forward . turn ½ to right then LF step backwa	ard

3 - 4 Turn ¼ to right then RF step to right side, L touch next to RF

5 - 6 Step LF to L, touch RF behind LF 7 - 8 Step RF to R, touch LF behind RF

S3. VINE LEFT - ½ PIVOT - ¼ PIVOT

1 - 2	Step LF to L side - Step RF behind LF
3 - 4	Step LF to L side - Touch RF beside LF
5 - 6	Step RF forward - 1/2 turn left LF in place
7 - 8	Step RF forward - 1/4 turn left LF in place

S4. JAZZ BOX - ROCKING CHAIR

1 - 4 Step RF across LF, Step back on LF, Step RF to right side, Step LF slightly forward

5 - 8 Rock RF forward - recover LF - Rock RF back, recover LF

Thank you for checking out my dance..... adea814.aa@gmail.com