

Good Bad Ugly

Count: 32

Wall: 4

Level: Improver

Choreographer: Martha Prazenica (USA) - July 2025

Music: The Good The Bad The Ugly - Fitz and The Tantrums



R Wizard Step, L Wizard Step, Cross Rock, Side Rock

- 1-2& Step RF forward at an angle(1), Slide LF behind RF(2), Step RF forward(&)
- 3-4& Step LF forward at an angle(3), Slide RF behind LF(4), Step LF forward(&)
- 5-6 Cross rock RF in front of LF(5), Recover on LF(6)
- 7-8 Rock RF to R Side(7), Recover on LF(8)

Syncopated Figure 8

- 1-2 Step RF to right(1), Step LF behind RF(2)
- &3-4 Step RF to right(&), Cross step LF to right starting full turn into right shoulder(3), Step RF to right finishing full turn to face LOD(4)
- 5-6 Step LF to left(5), Step RF behind LF(6)
- &7-8 Step LF to left(&), Cross step RF over LF(7), Step LF to left(8)

1/4 Pivot, Cross Step, Slide, Step Back, Cross Hitch, Body Roll

- 1-2 Step RF forward(1), pivot 1/4 turn into left shoulder placing weight on LF(2)
- &3-4 Cross step RF over LF(&), Point Left Toe to left side(3), slide LF beside RF(4)
- 5-6 Step back on LF(5), Cross hitch RF in front of left leg(6)
- 7-8 Step RF forward(7), Body roll right front to back ending with weight on LF(8)

Pony Steps, Rock & Recover, Shuffle Forward, Hip Roll

- 1&2 Step RF back while popping left knee up (1), Step LF next to RF (&), Step RF back while Popping left knee up (2)
- 3-4 Rock back on LF(3), Recover on RF(4)
- 5&6 Step LF forward (5), Step RF together (&), Step LF forward (6)
- 7-8 Hip roll counter clockwise(7), weight ending on LF(8)

Restart wall 5 after 16 counts

Last Update: 28 Jul 2025